

Walk to earn tokens to spend on locally grown produce at the Munising Farmers' & Artisans' Market!

## Visit the Tribal Health Center Walking Track (located upstairs)

The Market Walk is a **FREE** program to promote healthy living. It is open to Tribal Members and all Alger County residents!

Walk at the Munising Tribal Health Center's Walking Track located upstairs at 622 W. Superior St. between 4:30pm-8:00pm M-F, **starting January 27** and ending on May 1, 2025 <u>or</u> until all available tokens have been distributed.

For every mile walked, receive a token worth \$1.00 from the track attendant. Tokens can then be redeemed at the Munising Farmers' and Artisans' Market located at Bay Shore Park on Mondays from 4:00-7:00 pm May-October.

Walkers will be limited to 50 tokens each. <u>Tokens received in 2025 and from</u> previous Market Walks will only be redeemable for the 2025 market season.



The Alger Wellness Coalition, Sault Ste. Marie Tribe of Chippewa Indians, and the Munising Farmers' and Artisans' Market are partnering to provide local residents an environment to be more physically active and to eat more locally grown fruits and vegetables.



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