

Healthy Meal and Gathering Series

An interactive cooking workshop for all ages that will focus on different recipes using traditional ingredients.



December 3rd 5-7pm STHC Auditorium



December 5th 5-7pm STHC Auditorium



December 10th 5-7pm STHC Auditorium



December 12th 5-7pm STHC Auditorium

Class size limited to 15 participants.

Call Sault Tribe Community Health to register.

Please register by November 27th.

906-632-5210

MICHIGAN STATE UNIVERSITY | Extension



Brought to you by Sault Tribe Community Health Education,
Nutritional Services, and Traditional Medicine.

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