

Parent/Provider Newsletter

MAY 2021

Co-Pays Suspended Until Further Notice

ACFS CCDF program received more CARES ACT funding (CRRSA). One thing we are doing with the money is paying all the co-pays on behalf of the parents until further notice. If you have any questions regarding this, please contact Trish, CCDF Coordinator at psterling@saulttribe.net or 906-632-5250.

ALL CCDF PARENTS AND PROVIDERS

If you haven't contacted me already, Sault Tribe CCDF program has COVID 19 CARES ACT Fund Dollars available for CCDF Parents and Providers for COVID 19 related items such as masks, gloves, disinfecting wipes, Mr. Clean, hand sanitizer, antibacterial hand soap, laundry detergent, garbage bags, etc. Please make your list and send it to Patricia Sterling, CCDF Coordinator, psterling@saulttribe.net or call 906-632-5250

ANISHNAABEK COMMUNITY AND FAMILY SERVICES ANNOUNCES CHILD CARE ASSISTANCE AVAILABLE FOR ESSENTIAL WORKERS

Sault Ste. Marie Tribe of Chippewa Indians Anishnaabek Community and Family Services is excited to announce funding availability for child care assistance for Essential Workers residing in the 7 county service area. ACFS Child Care and Development Fund (CCDF) Program is accepting Child Care Applications for Essentials Workers **without regard to income** for a **limited time** due to the Coronavirus Response and Relief Supplemental Appropriations Act (CRRSA).

Essential Workers include:

- Health Care Sector Workers;
- Emergency Responders;
- Sanitation and Janitorial Workers;
- Farm;
- Food Service Workers;
- Security, Law Enforcement, Court;
- Information Technology ;
- Emergency Management Administration ;
- Employees Carrying out Public Assistance
 - Teachers-Giving Face-to-Face Instruction
 - Social Workers
 - Behavioral Health
 - Sanitation/Environmental Health
 - Direct Assistance Staff (MDHHS, ACFS, Community Action, Health Department etc.,)

Children must be:

- Members of the Sault Ste. Marie Tribe of Chippewa Indians
- Reside in the 7 County Service Area
- Be between the ages of 0 and 13 years of age

Child Care Provider must be:

- Licensed Center
- Licensed Family Home
- Relative Care Provider(Grand Parent, Great Grand Parent, Aunt, Uncle or Sibling not residing in the home.
- In-Home Aide

You can find more information on the website <https://saulttribe.com/membership-services/acfs/direct-services/child-care-development-fund> and click on the CRRSA application link or by calling Trish, CCDF Coordinator at 906-632-5250 or email psterling@saulttribe.net.

You are receiving this newsletter because you are either a parent receiving Child Care Assistance from the Sault Ste. Marie Tribe of Chippewa Indians CCDF program, you are a Child Care Provider receiving Subsidies, or you are in a collaboration/partnership with the Tribal CCDF Program.

CCDF is located at 2218 Shunk Road, Sault Ste. Marie, MI 49783 and you can reach us at 800-726-0093 or 906-632-5250. You can contact Trish, CCDF Coordinator at psterling@saulttribe.net or Angel, Administrative Assistant at apeer@saulttribe.net. Our fax number is 906-632-5266.

HEALTH AND SAFETY REQUIREMENTS

Health and Safety are priorities when it comes to caring for children. The Tribal CCDF program provides necessary Health and Safety required items to CCDF Families and CCDF Providers. If you find you are in the need of Health and Safety required items such as Fire/Smoke detector (one for each level of the home/center), fire extinguisher, carbon monoxide detector, electrical outlet covers, drawer safety latches, first aid kit, etc. please contact CCDF Coordinator, Trish Sterling at psterling@saulttribe.net or 906-632-5250.

CONSUMER STATEMENT

The Sault Ste. Marie Tribe of Chippewa Indians Anishnaabek Community and Family Services Child Care and Development Fund program offers Child Care Subsidy Assistance to parents with Sault Tribe member (or eligible to be) children living in the Sault Tribe 7 County Service area who are working, going to school, or in a qualified job training program. Eligible parents can choose high quality child care providers that include State Licensed Centers or Family/Group Homes, Tribal Licensed Centers, Relative Care Providers or In-Home Aides. Relative Care Providers and In-Home Aides must complete requirements prior to providing care for your children.

Please contact CCDF Coordinator, Trish Sterling for more information at 906-632-5250 or 800-726-0093.

Visit https://www.michigan.gov/lara/0,4601,7-154-89334_63294_5529---,00.html to find State Licensed Centers and State Licensed Family/Group Child Care Homes in your area.

FRIENDLY REMINDERS

PARENTS AND PROVIDERS:

If you move, please contact us within 24 hours so that we can update your address and important letter and orders can reach you.

If you change your phone number, please contact within 24 hours so we can update your phone number in our system so that it is easier to reach you.

If you stop working, going to school or end your job training, please contact us with 24 hours so we can update your 'reason for care'.

All billing sheets are due every two weeks according to the Reimbursement Due Dates form and must be submitted within 90 of care being provided in order to be reimbursed as stated on each Child Care Certificate.

All CCDF Rules and Regulations will be adhered to.

If you have any questions about billing, please contact Angel at 906-632-5250 or apeer@saulttribe.net

Any other questions, please contact Trish at 906-632-5250 or psterling@saulttribe.net

Sincerely,

Trish Sterling,
CCDF Coordinator

Choking and Strangulation Prevention Tips

Everything you need to know to keep your kids safe from choking or strangulation.

Is there a cell phone or set of car keys that hasn't made its way into your toddler's mouth? We didn't think so. Don't despair – there are simple tips that can help keep your children from getting injured as a result of their compulsive need to teethe, suck and drool on everyday objects and toys.

Make Meals Fun and Safe

- Cut food for toddlers into tiny pieces. Children under 5 should not eat small, round or hard foods, including pieces of hot dogs, cheese sticks or chunks, hard candy, nuts, grapes, marshmallows or popcorn.
- Remember to have young kids eat in a high chair or at the table, not while lying down or playing. It is important to supervise your babies when they are eating or playing.



Keep Small Objects Out of Reach

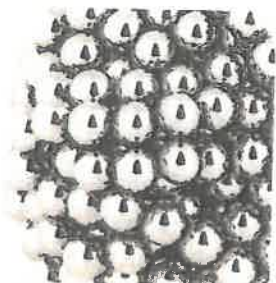
- See the world from a child's point of view. Get on the floor on your hands and knees so that you are at your child's eye level. Look for and remove small items.
- Keep small objects such as buttons, beads, jewelry, pins, nails, marbles, coins, stones and tacks out of reach and sight.

Among children treated in emergency rooms for non-fatal choking incidents, almost 60 percent were food-related. Overall, 13 percent of cases involved swallowing coins and 19 percent involved candy or gum.



Be On the Lookout for Magnets

- Keep small magnets away from children. These include magnets found in construction sets, children's toys or stress-relieving adult desk toys; refrigerator magnets; and rare-earth magnets such as Buckyballs.
- Inspect games or toys that include magnets. Inspect children's play areas regularly for missing or dislodged magnets as well.
- Seek medical attention immediately if you suspect that magnets have been swallowed. Look for abdominal symptoms, such as pain, nausea, vomiting or diarrhea. Note that in X-rays, multiple magnetic pieces may appear as a single object.



Keep Cords Out of Reach

- Keep cords and strings, including those attached to window blinds, out of your child's reach. Move all cribs, beds, furniture and toys away from windows and window cords.
- If you live in a home where you are not allowed to replace your window coverings, follow basic window cord safety rules and order free retrofit kits from the Window Covering Safety Council at www.windowcoverings.org.

Check Your Child's Clothes and Accessories

- Remove necklaces, purses, scarves, helmets or clothing with drawstrings when children are playing or sleeping.
- Don't tie strings or ribbons to a pacifier or toy. Remember that jewelry can be dangerous around your baby. Remove bibs before bedtime or nap time.

Find the Perfect Toy for the Right Age

- Consider your child's age and development when purchasing [toys or games](#). It's worth a second to read the instructions and warning labels to make sure it's just right for your child.
- Before you've settled on the perfect toy, check to make sure there aren't any small parts or other potential choking hazards.
- When cleaning up, avoid toy chests that have no lids or safety hinges, as these could pose hazards to your child.



Sign Up to Receive Product Recalls

- [Sign up with Safe Kids](#) to receive monthly e-mail alerts for recent recalls specific to children.
- Bookmark www.recalls.gov for additional information about important product recalls for your family.

Every parent wants their children to grow up healthy and strong in the place where they deserve to feel safest: at home. The good news is that there are simple and easy steps that families can take to protect their children.

Preventing Falls

- Use approved safety gates at the tops and bottoms of stairs and attach them to the wall, if possible. Remember to read the manufacturer's instructions to make sure you have the right gate for your needs. Not all gates are safe for use at the top of stairs.
- Keep babies and young kids strapped in when using high chairs, swings or strollers. When placing your baby into a carrier, remember to place the carrier on the floor, not on top of tables or other furniture.
- Properly install window guards and stops to prevent window falls. Windows above the first floor should have an emergency release device in case of fire.



Water Safety

- Actively supervise children in and around water. Avoid distractions of any kind, such as reading or talking on the phone.
- Once bath time is over, immediately drain the tub. Keep toilet lids closed and keep doors to bathrooms and laundry rooms closed to prevent drowning.
- Make sure home pools have four-sided fencing that's at least 4 feet high with self-closing, self-latching gates to prevent a child from wandering into the pool area unsupervised.
- Every child is different, so enroll children in swimming lessons when you feel they are ready. Teach young children from an early age not to go near or in water without an adult. Older children should swim with a partner, every time.



Poison Prevention

- Store all household products and cleaning solutions out of children's sight and reach. Young kids are often eye-level with items under the kitchen and bathroom sinks.
- Keep cleaning products in their original containers. Don't put a potentially poisonous product in something other than its original container (such as a plastic soda bottle) where it could be mistaken for something else.
- Put the toll-free Poison Help Number into your phone in case of emergency: 1-800-222-1222.

Safety from Fire

- For the best protection, install smoke alarms on every level of your home, especially near sleeping areas. Test batteries every six months.
- Create and practice a home fire escape plan with two ways out of every room. In the event of a fire, leave your home immediately. Once you're out of the house, stay out.
- Keep anything that can catch fire, such as dish towels or wooden spoons, away from your stovetop. Have a fire extinguisher in the kitchen in case of emergency, and make sure you know how it works.
- Blow candles out when you leave the room or before you go to sleep.



Every year, more than **2,200** children die from injuries that happen at home.

Preventing Burns

- Don't carry a child while cooking on the stove. It's better to put your child in a high chair where you can still see them.
- Keep an eye on appliances such as irons, curling irons or hair dryers that can heat up quickly or stay warm. Unplug and safely store these items after use.
- Keep appliance cords out of children's reach, especially if the appliances produce a lot of heat.

Preventing Scalds

- To prevent accidental scalding, set your water heater to 120 degrees Fahrenheit or the manufacturer's recommended setting. Check the water with your wrist or elbow before giving your baby a bath.
- To prevent hot food or liquid spills, use the back burner of your stove and turn pot handles away from the edge. Keep hot foods and liquids away from the edge of your counters and tables.



Safety from Carbon Monoxide

- Make sure your home has a carbon monoxide alarm. For the best protection, install a carbon monoxide alarm on every level of your home, especially near sleeping areas.
- Don't use a grill, generator or camping stove inside your home, garage or near a window. Don't use your oven or stovetop to heat your home.
- If you need to warm a vehicle, remove it from the garage immediately after starting. Don't leave a car, SUV or motorcycle engine running inside a garage, even if the doors are open.



Medication Safety

- Put all medicine and vitamins up and away and out of sight after every use.
- Use the dosing device that comes with the medicine, not a kitchen spoon. Kitchen spoons aren't all the same, and a teaspoon or tablespoon used for cooking won't measure the same amount as the dosing device.



Preventing TV and Furniture Tip-overs

- Mount flat-panel TVs to the wall to prevent them from falling off stands. Follow the manufacturer's instructions to ensure that you have a secure fit.
- Use brackets, braces or wall straps to secure unstable or top-heavy furniture to the wall.
- If you have a large, box-style cathode ray tube (CRT) TV, place it on a low, stable piece of furniture. If you no longer use your CRT TV, consider recycling it. To find a recycle location, go to www.GreenerGadgets.org.



Sleep Safety

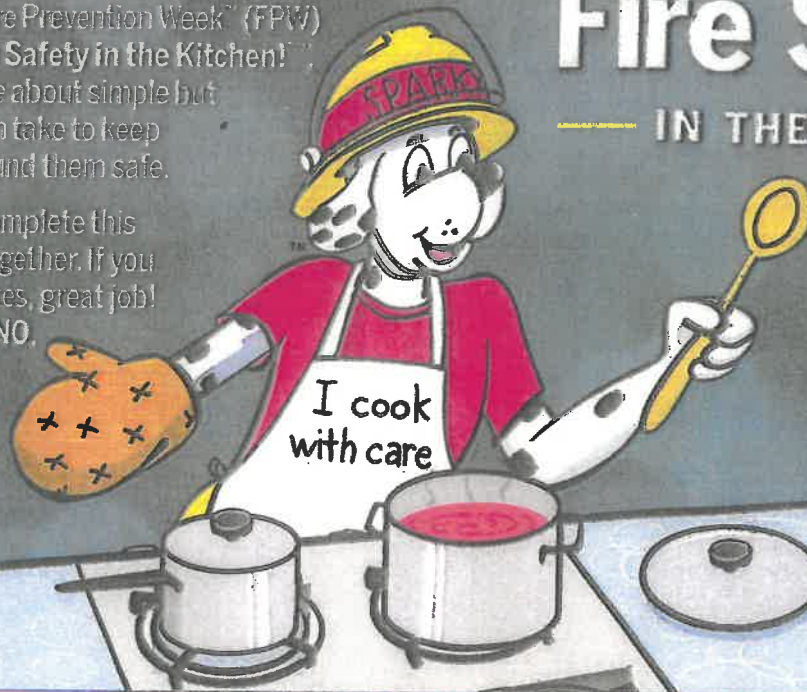
- Make sure babies sleep on their backs and in their own crib, bassinet or play yard. Room sharing is a safer option than having your baby sleep in bed with you.
- Choose a firm mattress covered with a tight-fitting crib sheet for your baby's crib. Avoid using soft bedding, pillows, stuffed animals and bumpers in the crib.



Parents and Caregivers,

Cooking is the No. 1 cause of home fires and home fire injuries. This year's Fire Prevention Week® (FPW) campaign, "Serve Up Fire Safety in the Kitchen!" works to educate everyone about simple but important actions they can take to keep themselves and those around them safe.

FPW is a perfect time to complete this cooking safety checklist together. If you checked YES on all the boxes, great job! If some boxes are checked NO, work together as a family to turn them into a YES.



SERVE UP Fire Safety IN THE KITCHEN!

The

Family's Cooking Safety Checklist

- YES NO Does a grown-up always pay attention to things that are cooking?
- YES NO Does a grown-up watch the stovetop when he or she is frying, boiling, grilling, or broiling food?
- YES NO If a grown-up must leave the kitchen for even a short period of time, does he or she turn off the burner?
- YES NO Are things that can burn, such as dish towels, curtains, or paper, away from the stovetop?
- YES NO Are the stovetop, burners, and oven clean — no spilled food, grease, paper or bags?
- YES NO Are pot handles turned toward the back of the stove when a grown-up is cooking?
- YES NO Do children and pets stay out of the kid-free zone (3 feet or 1 meter from the stove) when a grown-up is cooking?
- YES NO Are containers opened slowly when removing from the microwave? Hot steam can escape from containers and cause burns.
- YES NO Does your family have working smoke alarms on every level of the home, outside all sleeping areas, and in each bedroom?
- YES NO Does your family have a home fire escape plan?
- YES NO Do you practice the plan?

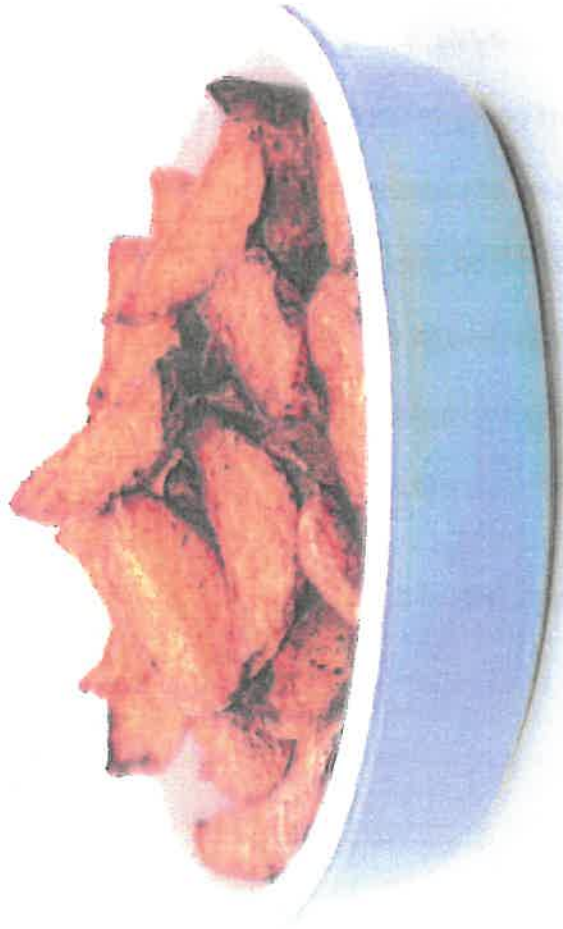


**FIRE
PREVENTION
WEEK™**

For more tips, visit firepreventionweek.org and sparky.org
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**SAFE
KIDS
WORLDWIDE**

Potato Wedges



Method

Preheat the oven to 200°C.

Scrub the potatoes in cold water then pat dry with kitchen paper.

Chop each potato into 4 wedges.

Place in a roasting tin and pour over the olive oil.

Give them a good stir to coat in oil.

Sprinkle over cumin and paprika and stir again.

Put the tin in the oven to cook for 25-30 minutes.

Take out and shake every 10 minutes to help the potatoes cook evenly.

Ingredients

- 750g baby potatoes
- 1 Tbs olive oil
- 1 tsp cumin
- 1 tsp smoked paprika

Eats Amazing

www.eatsamazing.co.uk