

# Parent/Provider Newsletter

June 2019

The Child Care and Development Fund (CCDF) program provides resources to States, Territories and Tribal Lead Agencies that enable low-income parents to work or pursue education and training so that they can better support their families and promote the learning and development of their children.

The CCDF Final Rule strengthens the requirements to protect the health and safety of children in child care; help parents make informed consumer choices and access information to support child development; provide equal access to stable child care for low-income children; and enhance the quality of child care and the early childhood workforce.

## CCDF Plan 2019-2022 Pre-Print

The Sault Ste. Marie Tribe of Chippewa Indians CCDF Plan 2019-2022 Pre-Print will be available for public comment the week of June 17-21, 2019 at the following locations:

- |  |  |
|--|--|
| ACFS 2218 Shunk Road, Sault Ste. Marie, MI     | ACFS 60 Kincheloe, Kincheloe, MI             |
| ACFS 5698 W. Highway US 2, Manistique, MI      | ACFS 622 W. Superior Street, Munising, MI    |
| ACFS 1140 N. State Street, St. Ignace, MI      | ARC 2769 Ashmun Street, Sault Ste. Marie, MI |
| USDA 3604 Mackinac Trail, Sault Ste. Marie, MI | Hessel, 3355 N. 3 Mile Road, Hessel, MI      |
| Newberry, 4935 Zee Ba Tik Lane, Newberry, MI   |  |

You can request a Pre-Print via email by contacting CCDF Coordinator at [psterling@saulttribe.net](mailto:psterling@saulttribe.net)

You can obtain a copy by going to the ACFS Website the week of June 17-21, 2019:

<https://www.saulttribe.com/membership-services/acfs/direct-services/child-care-development-fund>

## MARK YOUR CALENDARS

I will be at the Sault Tribe Housing Safety Fairs on the following dates:

- June 18, 2019 12-1:30 Marquette (Tribal Housing)
- June 21, 2019 12-1:30 Escanaba (Tribal Housing)
- June 26, 2019 12-1:30 Wetmore (Tribal Housing)
- July 2, 2019 1:30-3:30 Manistique (Tribal Housing)

Bring the kids, stop by the CCDF table, have fun!!!!

## SEARCH ONLINE FOR HIGH QUALITY CHILD CARE PROVIDERS

The State of Michigan Licensing and Regulatory Affairs (LARA) website allows you to search for Licensed Child Care Providers in your area and allows you access to the most recent inspection and investigation reports.

<https://childcaresearch.apps.lara.state.mi.us>

## Health and Safety Requirements

- Prevention and Control of Infectious Diseases
- Immunizations
- Prevention of Sudden Infant Death
- Use of Sleep Safe Practices
- Administration of Medication
- Prevention and Response to Food Allergies and Emergencies
- Building and Physical Premises Safety
- Prevention of Shaken Baby Syndrome, Abusive Head Trauma
- Emergency Preparedness and Response
- Handling and Storage of Hazardous Materials
- Precautions in Transporting Children
- Pediatric First Aid and CPR
- Recognition and Reporting of Child Abuse and Neglect
- Ongoing training for staff, providers, and caregivers
- Complete Fingerprint FBI Background checks for staff, providers and caregivers.
- Ongoing Monitoring and Annual Inspections
- Policies and Procedures

## CONSUMER STATEMENT AND EDUCATION

The Sault Ste. Marie Tribe of Chippewa Indians Anishnaabek Community and Family Services Child Care and Development Fund program offers Child Care Assistance to parents with Sault Tribe member (or eligible to be) children living in the Sault Tribe 7 County Service area who are working, going to school, or in a qualified job search/training program. Eligible parents can choose high quality child care providers without regard to cost. Eligible providers include State Licensed Centers or Family/Group Homes, Tribal Licensed Centers or Family/Group Homes, Relative Care Providers or In-Home Aide Child Care Providers. Relative and Aides must complete requirements prior to providing care for your child(ren).

You may also be eligible under special circumstances. Please contact CCDF Coordinator, Trish Sterling for more information at 906-632-5250 or 800-726-0093.

Visit <https://childcaresearch.apps.lara.state.mi.us> to find State Licensed Centers and State Licensed Family/Group Child Care Homes in your area. If you choose a State Licensed Center or Home, you have access via this site to see licensing information such as inspections reports and substantiated complaints to better assist you in making the best choice possible.

If you choose a Tribal Licensed Center or Home, please contact me for information regarding inspection reports and substantiated complaints.

Visit <http://greatstarttoquality.org/upper-peninsula-resource-center> for community resource information, Finding Child Care & Preschool, and Benefits for Families.

Visit <https://www.zerotothree.org/> for Early Development and Well-Being, Early Learning, Parenting, and Policy and Advocacy.

Visit [www.eupconnects.org](http://www.eupconnects.org) for resource and referral information for the EUP.

## DEVELOPMENTAL SCREENINGS

Developmental screenings are designed to identify problems or delays during normal childhood development. When properly applied, screening tests for developmental or behavioral problems in preschool children allow improved outcomes due to early implementation of treatments.

Visit the following site: [https://www.medicinenet.com/developmental\\_screening\\_-\\_critical\\_for\\_every\\_child/views.htm](https://www.medicinenet.com/developmental_screening_-_critical_for_every_child/views.htm) for more information.

If you feel that your child is in need of a Developmental Screening, please contact your pediatrician, Head Start or Early Head Start Teacher, or your child care provider. If you have further questions about developmental screenings, please do not hesitate to contact me at 906-632-5250.

## TRAINING OPPORTUNITIES through Great Start to Quality

### **Cultural Competency**

Alger County June 19, 2019

Chippewa County June 12, 2019

Delta County June 25, 2019

Luce County June 13, 2019

Schoolcraft County N/A

Marquette County June 25, 2019

Mackinac County N/A

Sign up on-line at [miregistry.com](http://miregistry.com) or call 877-614-7328

## QUICK AND EASY RECIPE FOR THE BUSY TIMES

### **Pain-Away Smoothie**

2 cups water

1 heaping cup frozen pitted dark cherries

1 and 1/2 cup frozen greens

1 heaping Tbsp dark cocoa powder

1 tsp sunflower seeds

3 dates, soaked

1 banana

*Blend and enjoy!* This smoothie is not as sweet, but a real treat for a body in need of healing

# JUNE 2019



Sault Ste. Marie Tribe of Chippewa Indians  
Anishnaabek Community and Family Services  
CCDF Program

ACFS has Child Care Assistance for those in need. You can get an application at <https://www.saulttribe.com/membership-services/acfs/direct-services/child-care-development-fund> or pick one up at any of the ACFS offices. You may also call us at 1-800-726-0093 and we can send you one or contact or email us at [apeer@saulttribe.net](mailto:apeer@saulttribe.net) or [psterling@saulttribe.net](mailto:psterling@saulttribe.net).

You have the right to choose from high quality child care services without regard to cost. You must be working, going to school or in a qualified job search program.

You can choose from the following types of providers:

1. State Licensed Child Care Center;
2. Tribal Licensed Child Care Center;
3. State Licensed Family/Group Home Providers;
4. Tribal Licensed Family/Group Home Providers;
5. Relative Care Provider.
6. In-Home Care Provider.

If you are choosing a **Relative Care Provider** they must meet the following criteria prior to providing care:

- must be a relative of the child(ren) needing care (Grandparent, Great Grandparent, Uncle, Aunt, Sibling)
- be of at least 18 years of age;
- live in a separate residence;
- must care only for children they are related to;
- obtain a clear MDHHS Clearance;
- obtain a clear ICHAT (ACFS runs this report);
- obtain a clear Tribal Registry Clearance (ACFS runs this report);
- Provide a signed Open Door Policy, Provider Registration Form, and a signed Client/Provider Agreement;
- follow the CCDF Payment schedule and payment paperwork requirements;
- complete initial Home Visit with CCDF Coordinator.

If you are choosing an **In-Home (Aide) Care Provider** they must meet the following criteria prior to providing care:

- be of at least 18 years of age;
- live in a separate residence;
- complete FBI and State Fingerprint Background Checks;
- obtain a clear MDHHS Clearance;
- obtain a clear ICHAT (ACFS runs this report);
- obtain a clear Tribal Registry Clearance (ACFS runs this report);
- Provide a signed Open Door Policy, Provider Registration Form, and a signed Client/Provider Agreement;
- follow the CCDF Payment schedule and payment paperwork requirements;
- CPR and 1<sup>st</sup> Aid within 90 days;
- CCDF Training Requirements within 90 days.

## **SAFETY RECOMMENDATION AND TIPS FOR PHYSICAL ACTIVITY AND YOUNG CHILDREN**

From the Physical Activity Kit Book #5 Young Children-Indian Health Services

### **CPR Certification**

Make sure your CPR certification is current for children and adults. Have a first aid kit readily accessible; check and restock it regularly. Provide plenty of opportunities for hydration.

### **Safe Play Area**

Ensure that the play space being used safely accommodates the number of people who will be participating (both indoor and outdoor).

Ensure that the outdoor play area is level, free of debris, objects and rocks.

Consider the temperature of indoor and outdoor play area (avoid strenuous physical activity in the heat of the day).

Soft flooring option help prevent injuries when children fall. Preschool children may fall often, so soft surfaces and using additional mats help to protect them.

Set up cones to designate play area boundaries.

### **Tips**

Remove jewelry that may cause a risk of injury to participants.

Wear appropriate clothing and footwear.

Remove anything in the mouth such as gum or candy during exercise.

Rehydrate! Drink plenty of water.

Give clear safety instructions and guidelines prior to practicing and teaching activities to ensure participant safety.

Modify the intensity of games to ensure they are appropriate for the age, classroom size, and/or health of participants.

## **WHAT YOUR CHILD MAY BE DOING**

### **INFANTS (BIRTH-12 MONTHS)**

#### **Social/Emotional Development**

Responds to familiar people by smiling, cooing, and babbling. (You are their favorite toy.)

Enjoys being held and cuddled.

Imitates people's actions.

Explores toys by using their senses.

Pays attention to sounds and movements.

Enjoys playing Peek-A-Boo.

#### **Cognitive Development**

Learns about objects by using all of their senses.

Enjoys activity boxes.

Visually follows and responds to moving objects and faces.

Imitates adult movements and language sounds.

Watches their mirrored images appear and disappear.

Likes objects with contrasting colors and patterns and those with gentle movement and sounds.

#### **Physical Development**

Gains control of and moves their head from side to side.

Plays with hands and feet.

Reaches for, grasps, shakes, mouths, and explores objects they can hold.

Moves objects from one hand to the other; bangs objects together.

Rolls over.

Sits on a blanket, propped at first and then without external support.

Crawls to explore.

Pulls themselves to standing and cruise by holding on to furniture.

Rolls, holds, and throws balls.

Pick up finger foods.

#### **Language and Literacy Development**

Asks for care and attention by crying, laughing, and smiling, and through other vocalizing.

Vocalizes to themselves, other people and toys.

Understands and responds to gestures, facial expressions, and changes in vocal tones.

Understands and responds to their names and to very simple, familiar requests.

Takes turns babbling, talking and singing with others.

Uses gestures to communicate, such as pointing and head shaking.

Enjoys listening to simple stories, rhymes, and songs.

Uses their senses to explore books.