# Sault Ste. Marie Tribe of Chippewa Indians Anishnaabek Community and Family Services Child Care and Development Fund

# Parent/Provider Newsletter

December 2019

The Child Care and Development Fund (CCDF) program provides resources to States, Territories and Tribal Lead Agencies that enable low-income parents to work or pursue education and training so that they can better support their families and promote the learning and development of their children. The CCDF Final Rule strengthens the requirements to protect the health and safety of children in child care; help parents make informed consumer choices and access information to support child development; provide equal access to stable child care for low-income children; and enhance the quality of child care and the early childhood workforce.

## **HIBERNATION STATION**

Who doesn't want to curl up and stay warm on really cold winter day? Provide a Hibernation Station for your child care children to enjoy and pretend play they are bears, chipmunks, snakes, turtles, snails, bats and other hibernating animals. Take a box, big enough to fit a couple of children and add warm and fluffy blankets and pillows. The children can curl up with a book, take a rest or just enjoy being warm. Cut out some pictures of animals and paste them in the box for the children to look at. You can also have the children decorate the box to add further enjoyment.

# **MITTENS, MITTENS, MITTENS**

There are so many great ideas for mittens!!! Put them on your hands and feet and pretend you are a bear! See how many mittens you can put on each hand. Place random mittens around the house and have the children find matching pairs. Roll a pair of mittens into a ball and play toss or catch. Throw them into an empty laundry basket or box. Read "The Mitten". Pick up objects like pompoms while wearing mittens. Is it easier or more difficult wearing mittens? DUST! (LOL) Lace two paper mitten cut outs together to make a paper mitten. Does the paper mitten keep your hands as warm as a yarn mitten? How many mittens tall are you? What else can mittens be used for?

## **SNOW, SNOW EVERYWHERE!!!**

For days when we just can't get outside to play, or you live in an area where there is no snow, don't worry!!!! Use pillow stuffing as pretend snow and a child size shovel to shovel the snow in the classroom into a bucket or box. Bring some real snow inside and watch it melt. What exactly is left over? You will never eat snow again! Use cotton balls as snowflakes and use tweezers or tongs to count them out or use white pompoms to fill up a clear plastic bottle to make a snowman.

## PEPPERMINT WATER SCIENCE ACTIVITY

Peppermints and candy canes are made of sugar and sugar dissolves in water. Place peppermints/candy canes in a shallow dish and poor water over them. Watch how the sugar begins to dissolve and the red sugar flows in the water making designs. Use magnifying glasses to get a close up look at the action. Ask the children what they think will happen when the water is poured? What do you smell? What do you see? How long do you think it will take to melt?

Crush up peppermint/candy canes and add to paint. Paint candy canes, peppermints, ornaments, etc.

# **CCDF RULES AND REGULATIONS**

If you have a change of address, telephone number, family size, employment/training/education status, pay increase, or provider change, please inform us within 10 business days. 906-632-5250 Angel Peer. apeer@saulttribe.net