



Win Awenen NISITOTUNG

The official newspaper of the Sault Ste. Marie Tribe of Chippewa Indians

January 9, 2009 • Vol. 30 No. 1



Hoping for a hero

By Rick Smith

A two-year battle for the life of a 15-year-old Hessel, Mich., boy appears to be winding down and the situation looks grim for the lad. He needs a hero who shares an ancestry similar to his — South Korean, Anishinaabe, German and Swedish.



Anthony Lee

Sault Tribe member Anthony Lee loved participating in sports at Cedarville High School where he is a sophomore. According to his mother, Kwi Hitchens, along with keeping good grades, he was active in skiing, basketball, football and track. Then he began to have difficulty resuming normal breathing after exerting himself. At first, doctors suspected mononucleosis. Further testing later on revealed the problem is aplastic anemia.

According to the Mayo Clinic, aplastic anemia is a condition where one's body stops producing enough new blood cells to replenish dying cells. A variety of blood cells course through one's bloodstream — red blood cells carry oxygen, white blood cells fight infection and platelets help the blood to clot. This means someone who has the condition

becomes easily fatigued and is at higher risk for infections and uncontrolled bleeding.

The clinic notes it is a rare and serious condition and can develop at any age. Treatment for aplastic anemia may include medications, blood transfusions or bone marrow transplants. Doctors tried a variety of treatments and medications on Lee. One treatment worked successfully for a year. Last February and March, Lee's blood cells and platelets were regenerating quite well and held steady through the summer.

But his cellular regeneration began to decline last September and worsened in November. Little improvement was seen last month. Doctors determined there is only one last hope for him — find a suitable bone marrow donor and perform a transplant as soon as possible.

The Mayo Clinic reports the condition was once considered nearly always fatal, aplastic anemia has a much better prognosis today, thanks to advances in treatment — but in Lee's case, it depends on if a matching donor can be found in time. At this point, it appears locating a match will be the most difficult aspect of his treatment.

Bone marrow transplants, according to the Mayo Clinic, are most successful if the matched donor is a relative, but Lee has no compatible matches in his family. The next best course is to find a match among healthy, unrelated people with similar ancestry between the ages of 18 and 60.

Lee's unique ancestry is a key challenge in this situation.

The National Marrow Donor Program (NMDP) says there is *See "Hero needed," page 4*



Photo by Jason Grondin

HAPPY BIRTHDAY — When Courtney Williams went to elk camp in Cheboygan County she turned 13 and brought down a 7x7 bull elk that weighed 640 pounds dressed. It was a 75-80 yard shot with a .308 on Dec. 23. The antlers were green scored at 383 inches and when dry, will easily beat the 344-inch state record. The Cooks, Mich., tribal member and her dad (pictured above) were guided by Sault Tribe member Dustin MacLeod who brought his two children on the hunt. Courtney, also a deer hunter, put her name in the tribal elk lottery because she thought it might be fun, she said, and she'll never forget it. Her family will eat the elk, and she will keep a shoulder mount trophy and save the ivory for a later use.

Talentino named housing director

The Sault Ste. Marie Tribe of Chippewa Indians recently announced that Joni Talentino accepted the position of division director for the Sault Tribe Housing Authority. Talentino has been interim director since earlier this year after the previous director, Carolyn O'Neil, accepted a position with the federal government.

Executive director of Membership Services, Kristi Little, said, "Joni has been a dedicated employee of the Housing Authority for over 18 years, serving in a variety of positions throughout her years of service. It is with great pleasure that I am able to announce Ms. Talentino as our next housing director. I am confident in her ability to successfully lead the Housing Authority operations and to ensure quality services to our tribal members."

Talentino has numerous certifications from the National American Indian Housing Council, the Institute of Real Estate Management and other housing and community-related organizations. In addition, she is an accomplished grant writer whose efforts resulted in an additional \$1 million in funding



Photo by Rick Smith

(L to R), Sault Tribe Membership Services Executive Director Kristi Little with newly appointed Housing Division director, Joni Talentino.

awards over the past five years for additional housing activities.

Complementing her work is her voluntary involvement in activities of the tribal community through the Powwow Committee, the Dress Down/Emergency Assistance Fundraising Committee, Victims Response Team and the Tribal Court Peacekeepers Initiative. She also serves with

the United Way of the Eastern Upper Peninsula Board of Directors and is a past president of the organization.

"I am passionate about safe, affordable housing and homeownership opportunities for American Indians," Talentino noted. "My focus is to enhance and improve the quality and level of housing services to our members."



Unit I Director Bernard Bouschor surrounded by a bevy of beauties, tribal elders Teresa DeLorme, Rita Dale and Barb Tazelaar. (Photo by Jennifer Dale-Burton). More elder dinner photos on pages 12.

Attention college students

Higher Education Self-Sufficiency Incentive Award Program to serve only students with unmet need

BY ANGELINE MATSON, EDUCATION DIRECTOR

As you are aware, the national and regional economic issues have not bypassed the Sault Tribe. In 2008, many budget cuts were made in order to reduce spending and operate within financial limits. Although our Higher Education Self-Sufficiency Incentive Award Program was not altered in 2008, I regret to inform you that there will be drastic changes to this program in 2009.

We have decided to reduce the funding for the Self-Sufficiency Incentive Award Program from \$850,000 to \$288,361, which is the interest amount on the Self-Sufficiency investment fund. In previous years, the Sault Tribe Board of Directors had authorized the principal to be utilized. This has reduced the size of the fund over the years. If the practice of tapping the principal is not halted, the entire fund will dwindle until nothing remains.

NOTICE IMMEDIATELY: Students normally submitting grade reports now for the fall semester 2008 will not be

receiving an incentive award.

Instead, the Higher Education office will accept NEW incentive award applications for the 2008-2009 school year only during the months of February and March 2009.

Students must also submit to the tribe a copy of their 2008-2009 financial aid award letter from the school. The incentive award application process is considered INCOMPLETE until we receive this information. Students must have a FAFSA on file at their current institution.

At the end of the winter-spring semester 2009, applicants must submit grade reports to verify enrollment. Students who have an unmet need will receive up to \$500 for full-time enrollment per semester (\$333 for term schools) for all passing classes, with a maximum amount of \$1,000 per student for the 2008-2009 school year. Awards will be prorated for part-time study at \$40 per credit hour. Classes in which a D (D+, D, D-) or E grade was received will not be counted towards credit hour total nor counted for the Incentive Award.

If it appears that we will have more applicants than can be funded, we will adopt a lottery system to determine who will receive incentive awards rather than a first-come, first-served basis — which penalized students whose schools ended later than other schools.

By implementing this change, we hope to provide the same award amount for our students who demonstrate financial need. These most needy students should not be impacted by the budget cuts. However, for students who do not show an unmet need, as determined by their institution's financial aid office, the Higher Education Self-Sufficiency Incentive Award Program will cease to exist.

Should you have questions about the change to the Self-Sufficiency Incentive Award Program or any education issue, please contact me at (906) 635-4944 or amatson@saulttribe.net.

Please know that your education is vitally important, despite these unfortunate, budget-driven changes to the program.

New Sault Tribe Housing program helps tribal families buy homes

SAULT STE. MARIE — Sault Tribe Housing Authority has launched a new matched saving program, Let's Save, for low-income residents of the tri-county service area. Let's Save will allow residents of the tri-county service area to deposit \$50 to \$75 into a special savings account, an Individual Development Account (IDA), in order to work toward the purchase of a new home. Program participants' savings deposits will be matched 2.5 to 1 in order to make purchasing a home a realistic goal for low-income families who are willing to save regularly for two to three years.

Let's Save is part of a new and innovative approach to combating poverty that focuses on both meeting the most immediate needs of low-income



families and the long-term benefits of helping them acquire a modest but decisive stake in their communities. Let's Save is supported by Central Savings Bank, which will be the depository for each participant's IDA savings account.

In order to qualify, prospective Let's Save participants must meet income guidelines (annual income of less than \$42,900 for a family of three, for example), must have some

regular source of earned income and must be residents of the tri-county service area. In addition, all program participants take part in a 12-part personal finance and money management workshop series designed to help IDA find the money for regular savings deposits and prepare for asset ownership. This personal finance workshop series is presented with assistance from partner banks.

Sault Tribe Housing Authority will be building four new homes in the St. Ignace area within the next two years. Families interested in these homes must be eligible and signed up for the program.

Information about Let's Save, including detailed eligibility information, is available from Sault Tribe Housing Authority at (906) 495-1450.

Crisis Energy Funds now available

Anishnaabek Community and Family Services (ACFS) announces Low-Income Home Energy Assistance Program Crisis Energy Funds available beginning Jan. 1, 2009.

This program can provide eligible households with a credit sent directly to the primary heat vendor. The program will continue until funding is exhausted. All applicants must submit a completed application to be considered. Applications are available at all ACFS offices.

Eligibility criteria includes household income for the previous three months meeting established income guidelines, primary heating account in Sault Tribe member's name and the household must meet additional criteria of a Sault

Tribe member under the age of 5, a Sault Tribe member over the age of 65, or a Sault Tribe member receiving disability in their own name.

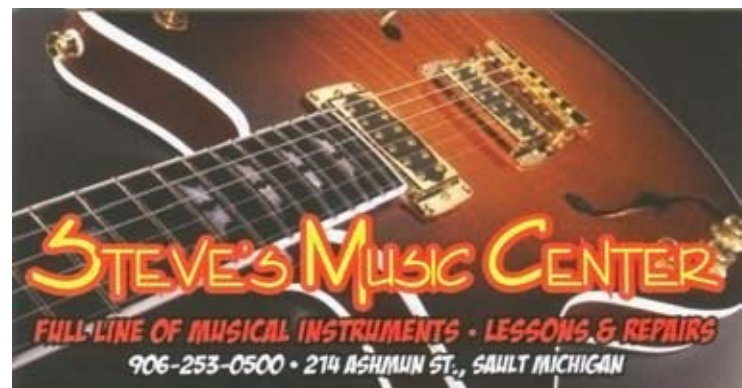
For more information, please contact Anishnaabek Community and Family Services:

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THE SAULT TRIBE NEWS
The official newspaper of the Sault Ste. Marie Tribe of Chippewa Indians.

January 9, 2009
Manidoo Giizis-Spirit Moon
Vol. 30, No. 1
Circulation 19,000

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Win Awenen Nisitotung welcomes submissions of news articles, feature stories, photographs, columns and announcements of American Indian or non-profit events. All submissions are printed at the discretion of the editor, subject to editing and are not to exceed 400 words. Unsigned submissions are not accepted.

Please note the distribution date when submitting event information for our community calendar. Submissions can be mailed, faxed, or e-mailed. The distribution date is the earliest the newspaper can arrive in the seven-county service area.

Win Awenen Nisitotung is not an independent newspaper. It is funded by

the Sault Ste. Marie Tribe of Chippewa Indians and is published 13 times a year by the Communications Department. Its mission is to inform tribal members and non members about the activities of the tribal government, membership programs and services and cultural, social and spiritual activities of Sault Tribe members.

Our name: *Win Awenen Nisitotung*, in our native language, means, "One who well or fully understands," pronounced "Win Oh-weh-nin Nis-toe-tuhng"

Visit us online: This issue can be viewed online at www.saulttribe.com beginning on its publishing date.

Subscriptions: The regular rate is \$13 per year, \$10 for senior citizens, \$25 to Canada, and \$35 to other foreign countries. Subscribe by sending your name and mailing address to the address below with your check or money order made out to the Sault Tribe of Chippewa Indians.

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You don't have to feel alone: call 1-800-273-TALK

Sometimes just getting through the winter, not to mention the holidays, is all some of us can handle. Some days it's just too much and we feel all alone with no one to turn to, no one to talk to. Anyone who needs help can call 1-800-273-TALK, especially those who feel sad, hopeless or suicidal, family and friends who are concerned about a loved one who may be experiencing these feelings and anyone interested in suicide prevention, treatment and service referrals.

If you are a veteran, just call the 1-800-273-TALK and press "1" to access specialized help just for you. The Veterans Hotline helps to ensure veterans in emotional crisis have access to trained counselors.

Whether callers are dialing the National Suicide Prevention Lifeline or using TTY to reach the Veterans Hotline, they can be sure that the service is free and confidential, the help they



receive is trained and professional, the service is available 24 hours a day, seven days a week.

There are many who need and use this help. About one in every five Americans suffers from depression or anxiety

or both at some time. A tough situation can trigger or increase depression and anxiety. Every month, the Lifeline Network

serves over 45,000 callers who are in emotional distress.

Although suicide prevention is the network's primary mission, people call the lifeline for many reasons, such as suicidal thoughts, abuse or violence, economic problems, sexual orientation issues, post-disaster needs, homelessness issues, substance abuse or addiction, physical illness, to help a friend or loved one, loneliness, relationship problems, family problems and many other troubles.

If you need help, please call. If you are in crisis, dial 1-800-273-TALK (8255). If you are a veteran, just call the number and press "1" to access specialized help just for you. If you are a TTY user, please use our TTY number: 1-800-799-4TTY (4889).

(National Suicide Prevention Lifeline, Dept. of Health and Human Services, Veterans Administration, Centers for Disease Control & Prevention)

Sault Tribe hires new prosecuting attorney

BY BRENDA AUSTIN

Former Chippewa County Assistant Prosecuting Attorney Eric Blubaugh recently accepted the position of Sault Tribe prosecuting attorney.

Blubaugh said, "I like the Sault and it looks like the new tribal board has exciting things on the horizon. I was uncomfortable with the direction the county government was going and saw the tribe as a new positive direction. The tribe needed a prosecutor and that's what I've been doing for over eight years now. I'm excited about it."

Blubaugh began his employment with Chippewa County in January 2001 where he remained as assistant prosecutor until accepting his current position with the tribe.

As the tribe's prosecuting attorney his main focus will be on child welfare cases, juvenile criminal matters and adult criminal matters. He will also be involved as needed with civil and contractual matters for the tribe.

Blubaugh received his undergraduate degree from Central Michigan University and graduated with his Juris

Doctorate from the Thomas M. Cooley Law School in Lansing in 1994. Continuing his education, he graduated in 1995 from Georgetown University in Washington D.C. with a master's degree in taxation.

"I find prosecution one of the more satisfying areas of the law to practice. You at least see a result, good or bad, you see justice done most of the time. You have people that are either victimized by a criminal act or disenfranchised from the system that need help and you can help them directly," he said.

Blubaugh also worked for

a general practice law firm in Grayling for over three years and in Cheboygan as chief assistant prosecutor.

"What I am looking forward to the most in this job is working with the Child Welfare Committee. Children are important and impressionable. It will be good to be a part of the team with ACFS, the committee and the courts to help put these kids back on a good path."

He added, "I'm looking forward to a new year. I like the Sault - more than anywhere else I've lived before."



Eric Blubaugh

Anishinaabe radio broadcaster receives Living Legend Award

At a special ceremony at the White Pines auditorium in Sault Ste. Marie, Ont., Nov. 1, 2008, Anishinaabe elder Bill Thorne received the Living Legend Award from the Northern Ontario County Music Association.

Thorne, 76, began broadcasting over 60 years ago as a youth at WSOO in Sault, Mich. In his time, he interviewed many notables, from Elvis Presley to Richard Nixon.

His local radio shows on WSOO include the well known Four Horsemen and Hymn Time. Hymn Time should be reaching worldwide by Christmas time, as Thorne's show is going to satellite on Sirius.

At the award ceremony, Thorne got up on stage and said he was an Anishinaabe and Anishinaabes like to hug. Afterward he was surprised by the many both young and old who approached him for a hug. He was very touched by such an outpouring, he said.



Listen to radio show host Bill Thorne on Sirius Satellite Sunday mornings.

Senior Employment Program changes for 2009 announced

As of Jan. 1 funding for the Senior Employment Program has been reduced for 2009.

The reduction is a result of changes made within our tribal self-sufficiency funds, which reduce the amount distributed to interest only. This will ensure that the principal portion of the fund continues and that we are able to utilize the interest for the services intended. Due to

this reduction, senior employment hours for all positions will be cut from 20 hours a week to 15 hours a week beginning Jan. 5. Also, beginning Feb. 1, eight positions will be eliminated.

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From “Hero needed,” page 1 —

a dire need for both Asians and American Indians to register as potential donors to fill a shortage of readily available prospects.

Eric Trosko of the NMDP says to be eligible to join the marrow registry, you need to be 18-60 years of age, in general good health and willing to donate to any patient in need. “You simply complete a registration form and swab the inside of your cheek. That’s it, no blood draw and the entire registration process only takes about 10 minutes,” he noted. “If you match a patient, donations can now be made through a simple blood draw procedure instead of the old surgical procedure through the hip. There is no cost for tribal members to join the marrow registry or donate.”

Trosko added, “If you would like to join the marrow registry or learn about

how easy it is to host your own marrow donor registration drive, please contact me, Eric Trosko, at the National Marrow Donor Program in East Lansing, Mich., at 1 (800) 471-3020, extension 101.”

Kristi Little, Sault Tribe executive director of membership services, said, “People can go to the Sault or St. Ignace clinics anytime to have the swab for marrow donor registry. Manistique and Munising, I believe, require that you call and let them know as they may not have the kits on hand.”

She also noted, “Every year hundreds of Native Americans and Alaska Natives wait for a bone marrow donor match. Donors of mixed racial ethnicity are in great demand. If you are interested in becoming a donor, wherever you live in the United States, please contact the National Marrow Donor Program in

your state.” More information is available at www.marrow.org.

Hitchens says her son is showing remarkably good spirits in spite of his situation. She said he’s managed to maintain his grades in school even during a three-month absence while he was receiving treatment. “He doesn’t want to be pitied,” Hutchins noted. “He doesn’t want to be seen as somebody special.” She noted her son simply wants to resume his activities in school, perhaps chase his dream of becoming a doctor himself. She reports his spirits are quite good.

It speaks well of the young man that he seems to be taking his situation in stride. Yet, there can be little doubt he’s hoping a suitable donor to help save his life can be found. There is absolutely no doubt his mother is hoping for a hero to come forward soon.

Myths & Facts

about bone marrow donation

Learn the facts about bone marrow donation to help you make an informed decision about joining the National Marrow Donor Program (NMDP) Registry.

Myth: The bone marrow donation procedure is painful.

Fact: General or regional anesthesia is always used for this procedure. Donors feel no needle injections and no pain during marrow donation.

Myth: All bone marrow donations involve surgery.

Fact: The majority of donations do not involve surgery. The patient’s doctor most commonly requests a peripheral blood stem cell (PBSC) donation, which is non-surgical and outpatient. If marrow is requested, it is a surgical procedure, usually outpatient.

Myth: Pieces of bone are removed from the donor.

Fact: Pieces of bone are not removed from the donor in either type of donation. A PBSC donation involves taking the drug filgrastim for five days leading up to donation in order to increase the donor’s needed blood-forming cells. On the fifth day, blood is taken from the donor through one arm, passed through a machine that separates out the blood-forming cells, and returned through the donor’s other arm.

In marrow donation, no pieces of bone are taken; only the liquid marrow found inside the bones is needed to save the patient’s life.

Myth: Donating bone marrow is dangerous and weakens the donor.

Fact: Though no medical procedure is without risk, there are rarely any long-term effects from donating. Only five percent or less of a donor’s marrow is needed to save a life. After donation, the body replaces the donated marrow within four to six weeks.

The NMDP screens all donors carefully before they donate to ensure they are healthy and the procedure is safe for them. The NMDP also educates donors, answers questions every step of the way and follows up with donors after donation.

Myth: Bone marrow donation involves a lengthy recovery process.

Fact: Due to taking the drug filgrastim, PBSC donors may have symptoms such as headache, bone or muscle pain, nausea, insomnia or fatigue in the five days leading up to donation. These symptoms nearly always disappear one or two days after donating and the donor is back to normal.

Marrow donors can expect to feel fatigue, some soreness or pressure in their lower back and perhaps some discomfort walking. Marrow donors can expect to be back to work, school and other activities within one to seven days. The average time for all symptoms to disappear is 21 days.

Myth: Donors have to pay for the donation procedure.

Fact: Donors never pay for donating. All medical costs are paid by the patient’s medical insurance or by the patient, sometimes with NMDP assistance. The NMDP reimburses donors for travel costs and may reimburse other costs on a case-by-case basis.

Community Health prevention grant presents five-year plan

BY JENNIFER DALE-BURTON

Since the Sault Tribe Community Health Program garnered its tremendous \$1.76 million, five-year grant to work on disease prevention this fall, it has not been idle. At its first community meeting, the Strategic Alliance for Health Project invited people from across the tribe’s seven-county service area, running the gamut of backgrounds ranging from cultural services to health to transportation.

The Strategic Alliance for Health Project aims to help prevent disease concentrating in three key areas: cardiovascular disease, obesity and diabetes.

Over 40 attended the Dec. 11 meeting. Cecil Pavlat gave a blessing for the meeting and feast, prepared in a good way by Carol Pages and Gail Carr.

The project strategy is to use policy and environmental change to improve individual behavior. According to Strategic Alliance for Health project manager Donna Norkoli, studies have shown that treating the individual is not as effective as making changes to systems, like policy and the environments we live in, such as the workplace.

Norkoli explained that individuals have a hard time changing their behavior if they can’t get the support they need to change. So, individual education isn’t going to work. For example, how can a student eat right if there’s a wide variety of junk food competing against healthy food choices at school?

The project aims to change the environment by making the healthy choice the easy choice, according to Norkoli. Some of the projects that Community Health has already been working on: a fruit and vegetable stand at the health center, a special more healthful daily option at the casino employee cafeteria, the annual Let’s Get Moving Challenge at the casino and organized walk-to-school days at the JKL Bahweting School. These are a few examples of successful

changes in environment that make the healthy choice easier.

Changing policy also changes the environment. Cigarette smoking increases the risk of heart disease and, of course, lung cancer. Therefore, the desirable change is for people to stop smoking. In seven of eight studies reviewed, said Norkoli, increases in the price of tobacco resulted in decreases in the number of people smoking and how much they smoke. Studies also link smoking bans to decreased chances of teens becoming addicted to smoking.

Norkoli discussed why the grant project’s three key areas — cardiovascular disease, obesity and diabetes — were chosen as health priorities. Diabetes and obesity are on the upswing and are significant risk factors for cardiovascular disease and other health problems, she said. Obesity in 6 to 19-year-olds has shot up to 15 percent from 4-5 percent in 1963. In Chippewa County alone, she said, risk factors for premature death are high — 19 percent for lack of exercise, 22 percent for obesity, 27 percent for smoking and over seven percent for diabetes.

In the first year of the Strategic Alliance for Health, a leadership team will be formed overseeing a Chippewa County Community Consortium and a Mackinac County Community Consortium. Chippewa County will oversee the Building Healthier Communities Coalition and Chippewa County Tobacco Free Living Coalition, while Mackinac County will oversee the Mackinac County Wellness Coalition.

By the end of year two, the project will produce implementation guides — tool kits for prevention — for Chippewa and Mackinaw counties. Years three through five will see application of the tool kits, in Manistique and Munising in year three and in Newberry, Hessel, Escanaba and Marquette in years four and five.



Photos by Jennifer Dale-Burton

Strategic Alliance for Health Project Manager Donna Norkoli, standing, says studies have shown that treating the individual is not as effective as making changes to systems, like policy and the environments we live in, such as the workplace.



Over 40 community members attended Community Health’s Strategic Alliance for Health kickoff meeting, with professionals ranging from health to transportation to media.



Greg Chromy from JKL Bahweting Anishinaabe School talked about introducing activity into kids’ everyday lives, which could be as simple as walking to school. Last fall, the school and Community Health organized a walk to school day that was quite a success, one small step toward wellness for kids.

Local Michigan Works! offers full range of services

BY BRENDA AUSTIN

Your local Michigan Works Agency in Sault Ste. Marie is a full service office offering a wide variety of programs for both job seekers and employers alike.

Some of the programs are designed to help youth and unskilled adults prepare for entry into the labor force and to help people with barriers to employment to obtain assistance and training to find a job.

Gwen Worley, Michigan Works! executive director, said, "We are one of 25 Michigan Works! agencies in the state. We provide work force development services to residents of Chippewa, Luce and Mackinac Counties. As a service to employers, we offer incumbent worker training which allows us to help companies build up the skills of their existing work force to help make that company a little more viable and competitive.

"We help job seekers develop a plan that will move them forward so they can get the training or job opportunities they need," she said. "No one should be embarrassed to come see us. This is not welfare and is not in any way a place that you wouldn't want somebody to see you come into. We have a lot of resources for people. There is a resource room equipped with computers and high speed internet, online resources, staff in employment services can help people put their resume together and they can receive help with job application forms. Help is also available to those wishing to apply for civil service jobs – both federal and state – and get on the list for civil service tests to be eligible to take them when they are offered next. We really help



Gwen Worley, Michigan Works! executive director

people to help themselves."

Services offered through Michigan Works! include Michigan's Talent Bank – an online resource offering employers and job seekers the opportunity to view both employer job listings and worker resumes.

Employer services offered in addition to job postings include recruitment assistance, screening, referrals and labor exchange services. Adult programs include career assessment and counseling, job search assistance, occupational skills training and support services from how to use the Talent Bank to preparing a resume.

Services for youth include many of the same services offered to adults in addition to school to career transition, pre-employment skills, remedial education and career preparation. Training programs and readjustment services are offered for dislocated workers.

A 15-year member of the Workforce Development Board, Sault Tribe member and

employee, Jeff Holt, said, "The Sault Tribe up to this year has seemed immune to economic ups and downs. This year we found out first hand that we weren't immune any more. Michigan Works! has provided services for many of our tribal members. It can be as simple as helping them put together a resume to showing them how to post their resume on the Talent Bank. We also have a veteran's representative and a rehabilitation specialist, so if someone comes in and needs specialized services we help make that easy for them to get," he said.

Worley said, "We have had some very satisfying relationships with various employers. We've worked closely with War Memorial Hospital, Helen Newberry Joy Hospital and with the Straits Area Hospital and TenderCare. Other agencies we have worked closely with are Community Action, Sault Housing Commission, Diane Pepler Center, Lake Superior

State University, Sault Area Career Center, Precision Edge and Superior Fabrications in addition to many little mom and pop businesses."

"Anybody who is underemployed or unemployed should come in and see what kind of services we might have that might help them," she said.

Tribal employee Toni Osterhout was laid off after 18 years of employment with the Sault Tribe. "I immediately came to Michigan Works! after I signed up for unemployment. I come here at least three times a week – they have been very helpful in giving me assistance and it's nice to have a computer with an Internet connection to use. Two of the positions I applied for I saw on the job bank, they weren't advertised in the paper or anywhere else that I saw," she said.

Michigan Works! will be teaming up with the new WalMart this spring to host a large job fair. Dates will be

advertised.

Federally administered welfare reform programs are offered, including jobs education and training, employment and training, food assistance and non-cash recipients, which provides job search assistance and training to Department of Human Services participants who have been referred.

"We have a great staff here, with most of them working for my service providers but I would stack them up against any Michigan Works! agency in the state. They are here for all the right reasons. For me it is a pleasure to come to work every day," said Worley.

For more information about Michigan Works! visit www.michworks-upnorth.org.

"The biggest mistake people make is waiting until they have two to three week of unemployment left before they start getting serious about their job search," said Worley.

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Win Awenen Nisitotung 2009 Schedule

Save these dates for deadlines and publication days for Win Awenen Nisitotung. For details and contacts for making submissions, please see page 2.

Issue:	Deadlines:	Submissions and Advertising	Publication Date
		Tuesdays	Fridays
January		DEC 30	JAN 9
February		JAN 27	FEB 6
March		FEB 24	MAR 6
April		MAR 24	APR 3
May		APR 21	MAY 1
June		MAY 26	JUN 5
July		JUN 30	JUL 10
August *		JUL 28	AUG 7
September		AUG 25	SEP 4
October		SEP 29	OCT 9
November		OCT 27	NOV 6
December		DEC 1	DEC 11

* 2008 Annual Report



Photo by Brenda Austin

About 10 Sault Tribe Health Center employees volunteered to help fill 32 Christmas food baskets Dec. 22 for needy families. Dress down funds from 30 Sault Tribe Health Center employees raised \$3,500 which was donated to purchase the food. In addition to traditional Christmas dinner items, the baskets contained baking goods and breakfast foods for the kids.



Photo by Brenda Austin

The Sault Tribe Purchasing Department presented a \$1,184 check to Anishnabek Community and Family Services (ACFS) at the Sault Kewadin Casino Dream Catchers Restaurant on Dec. 10, 2008. The funds came from the department's 2008 Dress Down Fund. Staff contributed \$2 every Friday to dress casually. They raised a total of \$1,184 for 2008 and voted to give it entirely to ACFS to use toward acquiring Christmas gifts for foster children. Left to right, Kara Rivera, Dave Giles, Mary Lehre, Jill Romano, Tamara Roche, Lisa Bumstead, Tammy Henning and Barb Chaplin.



The Sault Tribe Child Care Center dress down participants donated \$500 to Anishnabek Community and Family Services to provide presents for their foster families. Pictured here is ACFS Director Juanita Bye and Child Care Center Manager Roberta Verdone (L-R).

Sault Tribe workplace United Way donors draw for prizes

Congratulations to the 2009 Sault Tribe United Way Workplace Campaign winners. Names of employees participating in the campaign were entered into a drawing for all kinds of fun prizes and names were drawn on Dec. 15. They were:

Marianne Dougherty — grand prize winner of two Red Wings tickets and a night stay in Detroit;

— Bruce Anderson: grand prize winner of the Sault Tribe Weekend Getaway;

— Heather Weber: grand prize winner of the Bay Mills Resort & Casino Getaway;

— Rita Lewis, Shannon

Bonnell, Jake Sillers and Ron Colegrove: prize winners of two show tickets;

— Stephanie Sprecker, Kristyn Libby, Elizabeth Middleton and Tom Gorenflo, prize winners of a dinner for two; and

— Norman Pine, Rusty Aikens, Jay Eggert and Holly Haapala: prize winners of a night stay at any Kewadin property.

The United Way Workplace Campaign Committee would like to thank all of those who made a donation to this year's campaign.

Your donation is certainly appreciated!

Rudyard pool needs your tax-deductible donation

The 36-year-old Rudyard Area School's Larry G. Davis swimming pool needs major renovations if it is to stay afloat, extensive damage having been discovered during cleaning this fall.

Literally thousands of area residents have learned how to swim in the Rudyard pool, which provides a full range of aquatic activities such as swim teams, lap swims, water exercise classes, SCUBA diving certification, recreational open swims, kayaking classes, as well as lifeguard and water safety instructor training to countless individuals.

To keep the pool open, community members have formed the Rudyard Pool Renovation Project Committee to spearhead fundraising to complete the needed upgrades. Consolidated Community Schools and

Rudyard Area Schools will match the fundraisers efforts.

The committee has already held several fundraising events and is now offering engraved quarry tiles in exchange for qualifying donations, which are tax deductible.

For more information about fundraising activities, please contact Jamie Curtis at jcurtis@eup.k12.mi.us or (906) 478-4551. Those interested in assisting the committee or looking for more information can contact Alicia Lawlor at alawlor@eup.k12.mi.us or 478-6440.

Anyone wishing to make tax-deductible donation to the renovation project can send a check to: Rudyard Area Schools Pool Fund, Attn: Heather Suggitt, P.O. Box 246, Rudyard, MI 49780. (Please include a self-addressed stamped envelope for a receipt.)



IMPORTANT ANNOUNCEMENT

The Higher Education Self-Sufficiency Incentive Award Program has changed for the 2008-2009 school year. Students must now demonstrate unmet financial need, as determined by their school's financial aid office. The maximum amount remains \$1000 per year (\$500 semester/\$333 term) for full-time study and \$40 per credit hour for part-time study. Note: Only courses in which a passing grade (C- or higher) is received will be counted towards credit hours and payable through the incentive award program.

The following process will be implemented for 2009:

1. Student submits new incentive award application to tribe and submits copy of 2008-2009 financial aid award letter from school (WE MUST RECEIVE THIS INFORMATION!)	Feb 1-March 31
2. Student submits grade reports for 2008-2009 year to tribe	May 1-June 30
3. Tribe disburses incentive awards to eligible students	July 20-31

FOR ANY QUESTIONS OR MORE INFORMATION, CONTACT:

Angeline Matson, Sault Tribe Education Director

Mailing address: 523 Ashumun Street, Sault Ste. Marie, MI 49783

Direct line: (906) 635-4944 or toll-free: (800) 793-0660, ext. 26315

E-mail address: amatson@saulttribe.net

Students create online homage to Indians

BY RICK SMITH

This is the story of how one man left a life of hustle and bustle, became saddled with the challenge of teaching a group of poor performing high school seniors and, together, they came up with a handsome online homage to American Indians.

"I am formerly an executive from a Silicon Valley high technology company," said Paul McWhorter, a high school teacher in Eldorado, Texas. "I decided to leave the rat race and relocated to a remote area in West Texas. I just started teaching school. I had one class of kids that was a particular challenge . . . These kids have had a lot of pain in their life.

"Seeing that they would likely not respond to traditional teaching, I threw the book out on day one and told them they were going to build the best Web site in the world on Native Americans. They were skeptical at first.

"I first taught them the laws associated with copyrights, then taught them to do photo restorations using Photoshop and then taught them to build Web pages. I was shocked as I saw the pages they were making and the things they were writing. Some of these kids have had a lot of pain in their lives and I felt like they were relating to the Native American experience in a real



Above, left, teacher Paul McWhorter. Middle, a sample of the photos from the Library of Congress that high school students in Texas restored and posted on the Web site www.picture-indian.com. When visiting the site, click on "Whispers" to see the photo gallery. Click on the individual photos to see larger images along with quatrains the photos inspired the students to write. The poem accompanying this photo reads, "I am a daughter / I am a mother / I am a woman / I hold the future in my hands." In photo at right, the high school students who pioneered the project: (front row, L-R) Maria Sanchez, Brittani Romero and Rolando Gonzalez, (back row, L-R) Dustin Ramirez, Dustin Guana and Josh Taylor. Missing from the photo is student Gabriel Gomez.

and profound way. They have suffered a lot and could relate to the suffering of the Native Americans in the pictures."

High school senior Brittani Romero, acting as spokeswoman for the group, wrote, "We are a small class of seven students, all seniors in high school. Our names are Brittani Romero, Gabriel Gomez, Rolando Gonzalez, Josh Taylor, Maria Sanchez, Dustin Guana and Dustin Ramirez. We all attend Eldorado High School, in Eldorado, Texas. It's a small town northwest of San Antonio. We began this project around the first of our school year in

late September."

The handsome and dignified results can be viewed at www.picture-indian.com.

"Our only plans now are to expand the Web site as much as we can, and learn as much as we can before we all graduate in May," Romero noted. "We have discussed what would happen to our site when we all graduate, but we haven't reached a conclusion in that regard.

"We have all grown so much while the creation of this site was going on. We learned a lot more about history than we had in our regular history class.

We learned to work as a team and as individuals at the same time. We also learned that just because we all come from a small town doesn't mean we can't go on to do big things in life. Living in such a rural place often makes one think small. This project opened our eyes to the future that is waiting out there for us. We have been given the skills to succeed in everything that we want to do.

"A big thanks is in order to our wonderful teacher, Paul McWhorter, he gave us the tools we need to succeed in life. We fought him tooth and nail on this project, but once we got started we realized there was more to this than what we had given it credit for. He pushed all of us to dig deeper, try harder and excel higher. Without his perseverance, we never would have created this wonderful site."

"Lastly, our project responsibilities are split equally among all seven of us. Pictures are assigned to us by our designated classmate, Dustin Guana. We are then responsible for restoring each picture and creating the Web page. We are responsible to write the poems of three or four lines and post them in the thumbnail page. I myself am responsible for answering the e-mail, with the input of my class members. We all play a huge role in keeping this Web site going week by week. Everyone has very important jobs and deadlines. We always get it done. If anyone is struggling or needs help, it's our job as their classmates to help them along."

Native American series \$1 coins to be issued

WASHINGTON, D.C. — On Nov. 28, Native American Heritage Day, the United States Mint released the designs for the new 2009 Native American \$1 coin. Public Law 110-82 directs the Secretary of the Treasury to mint and issue the new \$1 coin to recognize American Indians for their contributions to the history and development of our nation. The new coin, slated to be released into circulation in January 2009, will circulate along with the United States Mint's presidential \$1 coin.

Like the presidential \$1 coins, the Native American \$1 coins will be minted in gold-colored alloy. The coin's obverse (head side) will feature the golden dollar's image of Sacagawea. Inscriptions on the obverse are



LIBERTY and IN GOD WE TRUST. The year, mint mark and E PLURIBUS UNUM are incused on the coin's edge. The reverse (tail side) of the Native American \$1 coin will bear a new design each year. The featured design for 2009 is based on the three sisters method of planting corn, beans and squash. Inscriptions on the reverse are UNITED STATES OF AMERICA and \$1.

The total quantity of presidential \$1 coins and Native American \$1 coins minted and issued into circulation by the United States Mint will be sufficient to meet the nation's needs. As required by law, at least 20 percent of all \$1 coins minted and issued in any year will be Native American \$1 coins.

Indian plaintiffs oppose Osage intervention in trust case

WASHINGTON, D.C. — A half million individual Indian plaintiffs in the 12.5-year-old class action lawsuit over the government's mismanagement of Individual Indian Trust funds have asked the U.S. Court of Appeals for the D.C. Circuit to deny the Osage Tribe's eleventh-hour motion to intervene and align with the government in an appeal of the district court's decision that limits the individual Indian trust beneficiaries' recovery against the government.

In a response to the motion filed by the Osage Tribe, that the tribe submitted to the U.S. Court of Appeals for the District of Columbia with the consent of the government, the plaintiffs say that the Oklahoma tribe has asserted claims irrel-

evant to the issues on appeal. The plaintiffs also state that the tribe has only a minuscule interest in mineral revenues rights it seeks to appropriate, the petition says.

"We are on guard against any action that could possibly further delay the Indian Trust beneficiaries receiving what they are entitled to," said Elouise Cobell, lead plaintiff in the lawsuit and a member of the Blackfeet Nation from Browning, Mont.

"The beneficiaries have waited far too long already. Many have died waiting. The Osage Tribe's efforts may further delay justice that is overdue to the plaintiff class. The tribe's stated alignment with the government is inexplicable, given the harm it invariably would

cause if the tribe is successful."

"It is important to note that the interests of individual Osage Trust account beneficiaries have been well represented by the plaintiffs since the landmark lawsuit was filed in 1996 and the class was certified in February 1997," Cobell said. "We will continue to represent them regardless of this puzzling effort to slow our case."

The court of appeals has indicated it may hear oral arguments in the case, titled Cobell vs. Kempthorne, this spring.

The plaintiff's petition says the Osage Tribe can protect its tiny interest (less than one percent) in the mineral proceeds as a friend of the court brief in the appeal.

The full petition is available at www.indiantrust.com.

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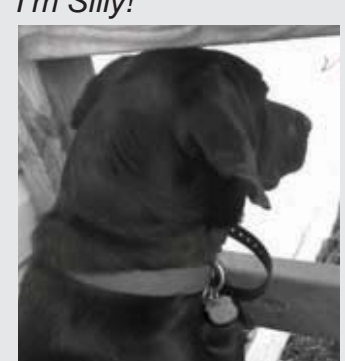
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Cousins run Marine Corps marathon together to inspire family to make healthy choices

BY BRENDA AUSTIN

Cousins Gina McClish, 29, and Wendy Burris, 39, both Sault Tribe members, ran their first marathon together on Oct. 26, 2008.

They both finished the Marine Corps marathon, held in Washington, D.C., in five hours and 49 minutes.

Out of 45,000 signed up to run the race, 30,000 started and 18,000 crossed the finish line. "We finished in the 12,000 range," said Burris. "It was so inspirational. There were so many different shapes, sizes and ages of people running. There was a man running who looked like he was over 70 and he was holding his wife or maybe his daughter's hand and pulling her along. There were people in wheelchairs and overweight people. You just have to do it. You have to get the training in and learn what to eat, what works for your body and what doesn't."

A 21-year veteran of the Air National Guard, Burris is a captain stationed at Battle Creek, Mich. "Some of the men at the base were talking about running in the marathon and one of them said we should all run together as a group. I said okay



Sault Tribe members and cousins, Gina McClish and Wendy Burris, ran the Marine Corps 26.2 marathon in 5 hours and 49 minutes, beating their personal goal of 6 hours.

because I was thinking about my dad, who was a Marine. Our family is really unhealthy. We don't eat well and don't exercise a lot. We have a lot of overweight people in our family with heart problems and diabetes. I wanted to inspire my dad

Ken Biron to walk, exercise and eat healthier," she said.

McClish is a nurse who works nights and has three young children, ages 11, 8 and 5. "We started out running a mile and building up from there. The hardest part for me

was running the longer distances past 13 miles. Staying on track with my training schedule was also a challenge. I was really happy with how we did in the race. My goal was to finish and try to do it in under six hours and we did," said McClish.

McClish said that if you work hard at what you really want to do you can accomplish your goals. "With our family history of being Native American and having high blood pressure and diabetes, I wanted to stop it before it got worse because I could feel it already starting in me. I would like to run a half marathon in the fall and we also want to train for a triathlon this summer. We have to keep something ahead of ourselves to have something to keep working towards," she said. Her dad is Gene Biron.

Both cousins wanted to thank the Hessel community for a donations of \$300 towards their run for the Semper Fi Injured Marine's Fund.

Burris said, "It was a fun thing for us to do. I'm really proud of us. I'm proud of Gina. I get to run and work out at work but Gina has three young children and is a nurse at night. She really had to work hard to make sure she got her training time in."

The cousins began their training last May and were running 23 miles by September. The marathon was 26.2 miles in length.



Sault Tribe member Melanie Wiltse (left) recently appeared in concert in Stevens Point, Wis., with some of her music students. Wiltse teaches piano and harp in the Stevens Point area. She builds many of the instruments her students play including harps, psalteries and drums. Fourteen students performed, 'Twas In the Moon of Wintertime, arranged by Wiltse for harps, soprano soloist, Native American flute, powwow drum and rattle. The concert featured choirs and instrumental groups from the local community and proceeds went to local food pantries and shelters. Pictured, left to right, Melanie Wiltse, Ted Roeder, Ann Leahy and Hannah Walker.

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Turner, 18 months, is a beautiful copper-colored boxer-lab mix doggy with a white star on his chest and white toes and a calm,

gentle disposition. *Felix* has very green eyes and wears a tuxedo. He's attentive and loving, and full of playful energy. Both are good with other pets.



WINNERS — Tribal member, Logan Leask, fourth from the left in the front row, and her Mt. Pleasant, N.C., soccer club teammates took second place in the Carolina Elite Soccer Academy Fall Challenge Tournament U11 bracket in Greenville, S.C., on Nov. 23-24. They played teams from Tennessee and North and South Carolina, winning three out of four games.

Essay contest for high school students: Patriotism and American Indians

WASHINGTON, D.C. — Up to 10 winning students. \$2,500 each in cash prizes. Reconnecting The Circle® (RTC) announces its third National High School Essay Contest. Deadline is Jan. 23, 2009.

This year's essay question asks, "Why is it important to understand patriotism in Indian Country?" and prompts students to research American Indian patriots, as well as explore their own American Indian communities. All high-school aged students (grades 9-12) from tribal, BIE, public, private and parochial schools from all 50 states are invited to participate. Up to 10 winners

"Why is it important to understand patriotism in Indian Country?"

will each receive \$2,500 in cash prizes.

The contest deadline is Jan. 23, 2009. Contest details are posted on the Reconnecting The Circle Web site at www.reconnectingthecircle.com.

RTC is in partnership with National Congress of American Indians, National Indian Education Association, Boys and Girls Clubs of America, Boys and Girls Clubs in Indian Country and Cherokee Nation of Oklahoma to promote the contest.

Reconnecting The Circle's

programs encourage youth to share their experiences, to explore facets of Indian Country, and to seek accurate information on both historical, as well as contemporary American Indian topics.

Reconnecting The Circle's mission is to encourage people to learn about American Indian people and cultures, and to develop a more meaningful and complete perspective on Indian Country.

Contact Danielle Gaines, Reconnecting The Circle Inc., (877) 580-3764.

Leveille makes rank of Master Sergeant

Sgt. 1st Class Kevin Leveille with the 46th Chemical Company out of Ft. Hood, Texas, was promoted to the rank of Master Sergeant on Oct. 1, 2008. He was deployed to Iraq last December in support of Operation Iraqi Freedom. His mission is to conduct convoy escort missions throughout Iraq and he is working with the Joint Special Operations Command. He is responsible for 45 personnel within his platoon.

A Sault Tribe member, Master Sgt. Leveille was born Feb. 24, 1967, in Garden City, Mich., to Lyle and Judith Leveille. He attended Engadine Consolidated School in Engadine, Mich., from 1981 to 1985. He has seven siblings, Michelle Raven from Livonia, Mich., Rene Burns from Monroe, Ga., Andree Slack from Lake City, Mich., Yvette Pawlowski from Engadine, Danielle Leveille and Karlene Gerhke from Curtis, Mich., and Mary Leveille from Souix Falls, S.D.

Master Sgt. Leveille joined the Michigan National Guard and graduated from basic training and advanced individual training in May 1986, where he was commended for his selection as an honor graduate and his outstanding performance as a squad leader while assigned to Charlie Company, U.S. Chemical School Battalion, Fort

McClellan, Ala. In 1990, he joined the active component of the Army and attended One Station Unit Training with Bravo Company, 82nd Chemical Battalion. Due to his knowledge and demonstrated proficiency in his chemical tasks he was selected to participate in the CHEMSTAR program.

His numerous assignments included Baumholder, Germany, 1991-93; Fort Campbell, Ky., 1993-98; Camp Humphreys, Korea, 1998-99; Fort Hood, Texas, 1999-2001; Camp Henry, Korea, 2001-04; Fort Leonard Wood, Mo., 2004-07; and is currently stationed at Ft. Hood, Texas.

Master Sgt. Leveille completed a wide variety of technical schools including primary leadership development, basic and advanced non-commissioned officer courses, air assault school, inter-service instructor training, small group leadership, environmental compliance officer course, systems approach to training, combat lifesaver, civil service support and instructor supervisor training.

Master Sgt. Leveille's military awards and decorations include the Defense Meritorious Service Medal (one oak leaf cluster), Army Commendation Medal (third oak leaf cluster), Army Achievement Medal (silver oak leaf cluster),

Army Reserve Component Achievement Medal, Good Conduct Medal (fifth bronze knot), National Defense Service Medal (bronze star), Iraq Campaign Medal, Global War on Terrorism Service Medal, Korea Defense Service Medal, Noncommissioned Officers Professional Development Ribbon (three), Overseas Service Ribbon (three), Army Service Ribbon, Driver/Mechanic Badge and the Air Assault Badge.

Right, Sgt. 1st Class Kevin Leveille (left) is promoted to Master Sergeant. Below is Leveille's platoon, the 46th Chemical Company out of Ft. Hood, Texas.



MacArthurs get their bucks —

Chip MacArthur, right, with his six-point buck. Below, Brandi MacArthur, Chip's daughter, got her first buck this year.



Births . . .

CARLY ANN STOKEN

Carly Ann Stoken was born on Monday, Nov. 10, 2008, at Marquette General Hospital Birthing Center. She weighed 8 pounds, 6 ounces and was 21.25 inches in length.



Proud parents are Sault Tribe member Craig Stoken and his wife, Suni Stoken, both of Escanaba, Mich. Siblings are Matthew Stoken, 8, Ethan Stoken, 6, and Nicholas Stoken, 18 months, all of Escanaba. Paternal grandparents are Sault Tribe member Geraldine Stoken and Nicholas Stoken of Garden, Mich. Maternal grandparents are Georgette Jones and David King of Escanaba and parental great-grandparents are Sault Tribe member Viola Neadows and the late Eugene Neadow of Cooks, Mich. Maternal great-grandparents are the late Barbara Jones and Myron Jones of Brampton,

Mich. Aunts and Uncles are Mr. and Mrs. Kent (Raquel) King, Anthony King and Kyle King all of Escanaba and Sault Tribe members Mr. and Mrs. Ryan (Krissy) Stoken of Manistique.

Pamela Rackes graduates with honors

Pamela (Belonga) Rackes graduated from Ferris State University December 2008 with a degree in respiratory therapy and with honors. Her last was a perfect 4.0 GPA with a cumulative overall GPA of 3.53.

In December 2007, she graduated from Grand Valley State University with a bachelor's of science degree.

She is the daughter of Charles Belonga.

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Walking on ...

LORRAINE ALBERTA (BANEY) CARPENTIER

Lorraine Carpentier died on Dec. 27, 2008, at Hearthside Senior Living Community, where she had lived for the last few months. She was born on Jan. 25, 1928, in Williamsport, Pa.



On July 15, 1945, she married Francis Paul "Chief" Carpentier of Sugar Island, Mich. She lived and raised her family in Battle Creek, residing there for 43 years. She was an active member in the AFL-CIO with her husband and was involved in several bowling leagues. In 1990, she moved to Sugar Island. She was a longtime member of the Lioness Club, a columnist for the Quacker (the Sugar Island paper) and held several positions in Sugar Island Twp. She was a supporter of many causes, offering her assistance where and when she could.

Lorraine is preceded in death by her daughter, Celena Marie Carpentier, who died May 31, 1972; her brother, Carl William Baney, who died in May 1986; her husband, Francis Paul Carpentier, who died on Dec. 14, 1987; and her grandson, James D. Carpentier, who died in April 2000.

She is survived by her children, Yvonne Carol Jones of Battle Creek, Sharon Kathleen Wagner of Wapakoneta, Ohio, Paul Francis Carpentier of Kincheloe, Lorraine Ann Carpentier of Battle Creek; 11 grandchildren, and 27 great-grandchildren.

A viewing was at Clark Bailey Newhouse Funeral Home in Sault Ste. Marie on Jan. 2 with burial to follow in Battle Creek. The Sugar Island Lioness Club hosted a luncheon in honor of Lorraine at the Sugar Island Twp. Hall.

JESSICA ERSKINE

Jessica Bentley Erskine, 31, of Stockbridge, Mich., died Nov. 15, 2008. She was born May 26, 1977, in Ann Arbor, Mich., the daughter of Ralph Stephen and Trena Annette (Bentley) Erskine. Jessica was a 1995 graduate of Chelsea High School. She had attended Washtenaw Community College, working toward a nursing degree. Jessica had worked at Towsley Village at Chelsea Retirement Community, where she had a wonderful way with elderly people and was loved by their families. She loved animals her whole life and always took in strays. Jessica had a huge heart and was full of compassion.

Survivors include her par-



ents; her paternal grandparents, Dolores Erskine of Chelsea and Ralph Erskine of Kalkaska, Mich.; her brother, Stephen Andrew Bentley Erskine of Chelsea, Mich.; her aunts and uncles, Mike (Vickie) Erskine of Stockbridge, Sandy (Dan) Miller of Chelsea, Esther (James) Henningsen of Merritt Island, Fla.; dear friends, Amie, Rickelle, Beth, Rachel, Autumn, Jennifer; and many other friends and cousins. She was preceded in death by her maternal grandparents, Trent and Ruth Bentley; and her great grandmother, Grandma Buku.

Funeral services were Nov. 19 at Cole Funeral Chapel, in Chelsea. Burial will be at Mt. Hope Cemetery, Waterloo, Mich. Memorial contributions may be made to Dawn Farms, 6633 Stony Creek Rd., Ypsilanti, MI 48197 or the Humane Society of Huron Valley, 3100 Cherry Hill Rd., Ann Arbor, MI 48105.

My Jessica

How do I even begin to tell you about my Jessica, about all of the times that we shared together? Jessica was more than my cousin. She was like my sister, but even more than that, she was my confidant, my playmate, my partner in mischief and my best friend. Our histories are intertwined. My childhood, my past is all wrapped up in memories of Jessie.

I remember ballet class together, riding the bus together, going to school together, sleeping over at each other's houses and at Grandma Dee's house together, and much to our parent's dismay (since it was "long distance"), talking on the phone...a lot! We used to love getting Grandma Dee's house ready for the holidays, especially Halloween and Christmas. We always covered her porch in spider webs and rushed over to her house after school on Halloween afternoon to get ready to go trick or treating. I think we were both '80s style punk rockers for, like, two or three years in a row! We loved going through Grandma Dee's Christmas decorations and getting her house and tree ready for the big day. Grandma always had a JC Pennys catalog waiting for us to go through and make our Christmas wish list. On Christmas morning, Jessie, Rickelle and I couldn't wait to dig through our stockings and open our gifts, all the while comparing our newest treasures.

We spent so much time at each other's houses. Aunt Trena and Uncle Steve's house felt like my second home. We didn't need much more than our imaginations (and maybe a few animals) to have a great time there. We turned a honeysuckle bush into a cozy home with a secret backdoor entrance, the yard into a magical kingdom, flower petals into snowflakes, and chickens, goats, cats, dogs, and ducks into various characters in our world. Jessica had the best swing set ever when we were little. It had its own gigantic horse that you could

ride! I remember fighting with Jessie and Rickelle numerous times over whose turn it was to ride the horse next, and of course Jess always had the argument that it was "her" horse, in her favor. Living in a huge old farmhouse offered us many opportunities for exploration and lent itself to some great games of hide-and-go-seek! We spent endless hours playing in the basement playroom, dressing up, growing crystals in jars and making up spooky stories about the rest of the basement! We also loved exploring the attic...it always seemed to be extremely hot or cold up there, but we didn't mind. I loved spending Friday nights at Jessie's because Aunt Trena always made pizza and we would make a super cool fort to sleep in and watch a movie. Then, on Saturday morning we got to watch cartoons and eat cold pizza for breakfast at her little white table. I remember when Uncle Steve taught us to hypnotize the chickens and when Uncle Mike got so mad at us for throwing turtle eggs at the side of his house! I remember laying in the sun by the pond, trying on Aunt Trena's antique hats, being head butted by the goats, daring one another to touch the electric fence with a sumac branch, eating mulberries, climbing trees, grinding up walnuts into magic alien fighting potions and having so much fun together!

That was just at her house! We spent endless summer days lounging in the pool at our house, exploring the woods, playing in our tree house, and putting on crazy performances for anyone who would watch! I remember one time when we were in fourth or fifth grade and we rode the bus home to my house. This was one of the first times we were trusted to be alone at the house for just a little bit. Well, we certainly didn't waste any time! We rummaged around in the video collection for the only PG-13 movie my parents owned at the time, Johnny Dangerously. Which, of course, we were not allowed to watch! We thought it was the funniest movie we had ever seen and thought we were very cool for having seen it!

I will never forget all of the powwows we went to! It never failed to rain—and we always got to sleep in the leaky blue tent! We loved staying up and dancing to the drum circles' music, long after all of the visitors had gone home and waking up in the morning to eat fresh fry bread for breakfast!

Jessie had the kindest, most caring, and nurturing heart, especially when it came to animals. We shared a common love for all animals and were most content with a cat nearby. We once even attempted to rescue and raise a pair of orphaned Canadian geese! As far as Jessie was concerned there was always room for one more—she could never turn away an animal in need. She was that way with the people she loved, too. She was always there for us.



I will remember my Jessica as the beautiful, kind, funny, stubborn, wild, gentle, carefree, passionate, loyal, and sweet girl that I grew up with and loved... and will always love.

Cousin Amy Miller-Hubach

KATHERINE ANN KILLIPS

Katherine Ann Killips, age 21 months, of Sawyer, Mich.

died at her home with her loving family at her side. Katie was born Feb. 26, 2007, in Kalamazoo, Mich., to Richard and Margaret (nee Roberts) Killips.



She is survived by her parents; a sister, Maura Jane Killips; maternal grandparents, John and Nancy Roberts of Grand Beach; paternal grandparents, Dick and Mary Lou Killips of New Buffalo; maternal great-grandmother, June Stanton of Oneida, N.Y.; several aunts, uncles and cousins.

Katherine was a member of the Sault Ste. Marie Tribe of Chippewa Indians.

A mass of Christian burial took place on Dec. 10, 2008, at St. Mary of the Lake Church, New Buffalo, with Father James Morris officiating. Burial followed at Pine Grove Cemetery. Visitation was on Dec. 9, 2008.

Memorial contributions may be made to Bronson Children's Hospital Child Life, Attn. Wendy Vena, 601 John St., Kalamazoo, MI 49007.

Arrangements entrusted with Sommerfeld-Smith Family Funeral Home of New Buffalo, Mich.

WALLACE JAMES BOSLEY

Wallace James Bosley died Dec. 15, 2008, in Sault Ste. Marie, Mich., at his home, surrounded by his loving family.

He was born March 9, 1978, in Sault Ste. Marie. He was a member of the Sault Tribe of Chippewa Indians. He was an avid hockey player, enjoyed bowling and video games with his nephew, Blaine, taking his dog, Booboo, swimming and fishing with his uncle, Bob.



He is survived by his parents, Gary and Patti Bosley, Sr., of Sault Ste. Marie; two sisters,

Bambi (Andrew) Noble and Brenda (Robert) Lee, both of Kincheloe, Mich.; his brother, Gary (Shannon) Bosley, Jr., of Kincheloe; his grandmothers, Eleanor Germain and Marie Bosley, both of Sault Ste. Marie; many aunts and uncles, including his special uncle, Bob; three nieces; and 10 nephews including his special nephew, Blaine.

He was predeceased by his grandfathers, Wallace Bosley and Leo Germain; an uncle, Kenneth Mongene; and great-grandparents, Irene and Tom Parr.

A private family service was held at Clark Bailey Newhouse Funeral Home with Pastor Larry J. Witte officiating.

ROBERT J. DIAMOND

Robert Joseph Diamond, 66, died Dec. 19, 2008, in Whiting, Ind. He was born Dec. 28, 1941, in Chicago, Ill., to Robert and Marie Koerzendoerfer.

He was an active member of the Sault Ste. Marie Tribe of Chippewa Indians.

He attended Chicago Vocational School and served in the U.S. Navy. He worked as a truck driver and in later years as a blackjack dealer at the Sault Kewadin Casino in Sault Ste. Marie, Mich.

He is survived by his sister, Rosemarie Folster, of Whiting; his brother, Leo Koerzendoerfer, of Des Plaines, Ill.; and numerous nieces and nephews.

He was predeceased by his parents and his sisters, Darlene, Ethel and Loretta.

His remains were cremated and given to his family.

Thanks for making the Kinross powwow a success

The Kinross Powwow Committee would like to thank the following businesses who helped make this year's Kinross Powwow a success: Chippewa Animal Clinic, attorney Dyke Justin, Sault Tribe Housing, Anderson Tackman, McDonald's, Taco Bell, Kewadin Casinos, Weber's Flowers, WalMart, Sault Tribe, Kinross Rec Center, Goodwill, B.P. Gas Station of Kinross, Soo Co-op Credit Union.

Special thanks to Gene and Jan Biron, Dee Dee, Michele, Jilly King, Rachele Mandelstam, Debbie Ailing, Ed Cook, Jeff Causley, Henry Anderson and his wife, Dawn Griffin, Virginia Manitowabe and the D.A.V. Color Guard of Sault Ste. Marie.

And, to all those who helped in any way, the Kinross Powwow Committee would like to say G'tchi Miigwech.

Sault Tribe New Year Sobriety Powwow



Head dancers Bernadette (left) and Maheengun Shawanda (center).

BY OGEEMACHICHUK

A winter gathering in Sault Ste. Marie on Dec. 30 saw 75 or more who attended the feast with eight pipe carriers to share some of their knowledge and express their gratitude for blessings of 2008. At least 20 youth attended and a few shared in the circle. It was good to see our youth involved in these kinds of activities.

We started the New Year's powwow around 1 p.m. Indian time on Dec. 31. We had over 75 dancers this year from Sault, Ont., Rankin, Wikewemikong

(Wiky), Thunder Bay, Ont., Grand Traverse, Little Traverse and Little River Bands, Sault, Mich., and surrounding areas. Seven drums came from Hannahville to Bahweting all the way up in Wiky.

The feast was at the at Niigaanagizhik building with 400-plus guests. While the feast was going, we had a hand drum contest — six groups entered and there was very good singing. In all, we had at least 600 people attend, swinging and swaying the New Year's away in the Anishinaabe way.



Henry and Holly Eshkieok and their children from Sault Ste. Marie, Ont.



Boy fancy dancer concentrating on his dance moves.



Nothing shy about these two!



Beautiful little fancy dancer.



Keeping each other company on the dance arena.

Photos by Brenda Austin



Jordan Niganabe, 4, from Sault Ste. Marie Ont.



NHL referee Brian Pochmara, as part of the NHL Zebra Cares Program, skated with Ronnie Paquin, 5, Kylee Kosiewicz, 8, and Jory Homminga, 4.



Family members enjoy a leisurely lunch together.



A packed house awaits the feast.



Elder dinners give friends and family a chance to catch up.

Elders from units I, II & III enjoyed a combination Thanksgiving and Christmas dinner at the Kewadin Casino last month.



A lovely lady.



Tribal Chairman Joe McCoy (L) chats with elders.



Elders give volunteers and casino staff a show of appreciation.



Elders finish up their lunches, awaiting dessert.



Many couldn't eat such a big spread and took some home.



Husband and wife meet for lunch.



Peace, baby! This table is really with it!



Chasing bubbles — pure bliss.



Winning a gift card is good, too!



Les Ailing and his baby boy.

Photos by Sue Henderlite
A kids Christmas party was held at Niigaangizhik in Sault Ste. Marie Dec. 6 thanks to the contributions of many community members and volunteer organizers. Food and fun activities were offered, along with lucky ones winning a gift card.



Mr. and Mrs. Claus had a great time with the kids in Sault Ste. Marie December 6.



Hey, I won! I won!



Latisha Willette poses with winner Chickie Shipman.



Teens helped the little ones make fun Christmas crafts in the Sault.



A Christmas piñata was enjoyed by all in DeTour.



Kids had fun playing games at the DeTour party.



Santa's elves, Landon and Ashten Bosley (L-R).



Elder Joan Shaw sits on Santa's lap.



Kids surround Santa — he was a hit!

A VERY DETOUR CHRISTMAS — Organized by volunteers, Sault Tribe's DeTour area children's Christmas party was held Dec. 13. The kids had a great time playing games of ring toss, cake walk, pin the tail on the reindeer, according to Lisa Burnside. A piñata was donated by Greg and Candy Currie. And, Santa's visit was the best of all. A special thank you to everyone who donated money and their time to make this party a huge success: Lana Causley, Bob LaPoint, Dorothy Royer, Dale Bosley, Joan Shaw, Barb Galler, Kathy Fowler, Janell Dudeck and Matt Green. A special chi-megwetch for our youth volunteers Joe Seaman and Robert Green, and Santa's elves, Landon Bosley and Ashten Bosley. And, thank you to the DeTour Fine Arts Council for the use of the hall.



Everyone got their turn on Santa's lap.

Nbiish-Be-Mwi-Jwaang Tribal Youth Council celebrates Native health project

BY LISA BURNSIDE, UNIT II YEA COORDINATOR

Our tribal youth council spent many hours researching, organizing and facilitating activities to educate our community members on childhood obesity.

The grand youth council, which includes Sault Ste. Marie, St. Ignace, Hessel and Manistique, successfully proposed two tribal policies to the Sault Tribe Board of Directors.

One policy, brought forth by the St. Ignace youth council, proposed eliminating tribal dollars for soda pop in programs serving tribal youth. The other policy, proposed by the Nbiish-Be-Mwi-Jwaang Tribal Youth Council, is all tribal programs working with youth shall exercise portion control, serving a portion size of snacks available and offer a healthier variety of choices such as fruits and vegetables. Also, all programs working with youth in activities lasting more than two consecutive hours that involve little to no physical activity (and where decorum, time and space allows) provide youth no less than 15 minutes of physical activity.

Our goal for the 2009 year is to further educate the community by developing and completing a celebrate Native health campaign with commercials, posters and radio advertisement.

Thanks for Unit II Youth Education and Activities recognition event help

The 2008 Youth Leadership Committee (DeTour Youth Council) did a fantastic job organizing this year's second annual student-volunteer recognition mini-powwow ceremony at DeTour Public School. They went into the community collecting food donations, passing out flyers and did the shopping for the giveaway. They made recommendations for the head facilitators of the powwow. They even assisted in the recognition of our students, making sure all students received a certificate in recognition for their special achievement.

During the powwow, 60 certificates in social, behavioral or academic achievements were passed out during this year's special student recognition mini-powwow.

G'tchi miigwech to our 2008 Youth Leadership Committee: Korin Goetz, David Hokenson, Amanda Hokenson, Robert Green, Kyle Kostoff and Kaden Barbeaux.

Head facilitators: emcee Calvin Burnside, head elder Dorothy Royer, head dancers Jason Memegos and Lana Causley, Bahweting and Mukkwa Giichik drums.

Title VII Parent Committee: Debbie Fountain, Patte Kostoff



Grand Tribal Youth Council members from Manistique, Hessel and St. Ignace propose policies to the board of directors on May 20, 2008, to combat childhood obesity.



HEALTHY HEROES — Celebrate Native Health Project Youth Council pose with the Healthy Heroes. Celebrate Native Health Project is funded by the Robert Wood Johnson Foundation and UNITY.



At the podium — Grand Tribal Youth Council members Colleen St. Onge from St. Ignace, James McKelvie, Karen McKelvie from Sault Ste. Marie and Erin Currie from Hessel attend the United National Indian Tribal Youth conference in Reno, Nev., and presented on the Celebrate Native Health Project for the Sault Tribe Grand Tribal Youth Council, they also facilitated a workshop on creating policy change.



HEALTHY MESSAGE — Tribal youth council meeting in Sault Ste. Marie to start planning and taping their first public service announcement — GET UP AND PLAY AN HOUR A DAY!



2008 UNITY CONFERENCE IN RENO, NEV. — Pictured are (L-R) Dr. Steve Sternlof from University of the Oklahoma Health Sciences Center; Erin Currie; Colleen St. Onge; Teresa Dorsett of the Celebrate Native Health Project; Lisa Burnside, Unit II YEA coordinator; Greg Factor of the Celebrate Native Health Project; James McKelvie; and Karen McKelvie.



Goetz, Sheila Goetz, Janelle Duedeck, Angie Reed and Patty Soule.

I would personally like to thank the school staff for their understanding and flexibility during the scheduling of the powwow. To all of the volunteers who helped cook, clean and set up, you truly make a difference in the community. To Angie Reed who, with a smile on her face, bent over backwards making sure everyone was taken care of. Please know your dedication, support and caring of our youth really makes a difference.

Another special thank you to elder Dorothy Royer. Whether

it is sewing, cooking, cleaning or setting up, Dorothy always makes herself available to us. G'tchi miigwech.



Head dancers at the DeTour student recognition mini-powwow were Unit II Director Lana Causley and Jason Memegos.



Above, head female youth dancer Loreen Goetz.

Unit II holds 2008 recognition dinners

The 2008 student-volunteer recognition dinner at Les Cheneaux School was a huge success as students, community members and school staff gathered to recognize and celebrate our youths' achievements.

Students were recognized by their teachers in either social, behavioral or academic achievements.

Certificates of participation were passed out for tribal youth council, Mukkwa Giizhik Drum and Anishinabe language. Volunteer certificates were passed out to community members and school staff who gave us their support and time throughout the year.

A special thank you to our students for taking pride in

DeTour Public School honors student volunteers



Drummers at the second annual student-volunteer recognition mini-powwow ceremony at DeTour Public School.

Tidbits from Munising

FROM KIM SWANBERG

A holiday family carnival took place on Dec. 4 in Munising. People from the Kewadin Casino in Christmas, Munising Schools Native Education Program, Munising Tribal Clinic, Munising Elders and Sault Tribe's Youth Education and Activities Program along with our Unit V representative, Shirley Petosky, got together and planned a carnival for the children.

With donations from many people and the use of the American Legion building, about 180 people, children and their families participated in decorating cookies, creating pinecone ornaments, dancing to a Dance Revolution game, feasting on hot dogs, chili, chips and dessert. Books from the Public Enrichment Foundation and candy canes were given to the children by Santa. Children gave the crowd an extra treat by using the microphone and singing carols.



Santa dropped in at Munising to visit the children — and babies!



The 2008 student-volunteer recognition dinner was a huge success as students, community members and school staff gathered to recognize and celebrate our youths' achievements.



who you are and where you come from. Your pride shows each and every time you sing with drums or dance in the circles.

You make me proud to be Anishinaabe and I am truly honored to know that, one day, you will be my leader and will be teaching me.



Unit II recognition dinner group — 60 certificates in social, behavioral or academic achievements were passed out during this year's student recognition mini-powwow.

Nbiish-Be-Mwi-Jwaang Tribal Youth Council publishes brochure

The Nbiish-Be-Mwi-Jwaang Tribal Youth Council, sponsored by the Robert Wood Johnson Foundation, recently published a brochure called *Combating Childhood Obesity*, which contains the following information:

Approximately 24 percent or Sault Tribe youth aged 4-10 are obese and approximately 26 percent of youth aged 11-18 are obese.

Obesity can cause major health problems such as:

- Type 2 diabetes
- High blood pressure
- Heart disease
- Asthma and other respiratory problems
- Low self esteem
- Behavior and learning problems
- Depression

Obesity can be prevented — Increase physical activity.

Physical activity can:

- Prevent heart attacks, strokes and diabetes
- Provide more oxygen to your body
- Make your heart stronger
- Lift self esteem

Ways to increase physical activity:

- Play a game of tag
 - Jump rope
 - Dance
 - Walk/run
 - Stretch
 - Basketball
 - Baseball
 - Volleyball
- Exercise portion control:**
- Read the label and look for serving size

Adult serve food
Put less on your plate
Use smaller plates
Eat healthful snacks
Examples of healthful snacks:

- Fruits and vegetables
- 100 Calorie snack packs
- Water
- Vegetable wraps
- Soups
- Raisins
- Oatmeal
- Milk — two percent, one percent or skim
- Smoothies
- Salads
- Low fat dressings
- Granola bars

Put up a fight and eat right, together we can combat childhood obesity!

National American Indian Scholars Program coming

BY RICK SMITH

Scheduled for launch in the fall of 2009, the University of New Mexico (UNM) is developing a new scholarship program designed to draw the country's top American Indian students to the institution.

The National American Indian Scholars Program is the brainchild of Pamela Agoyo, now director of American Indian Student Services at UNM, who brought the idea to some of the school's administrators about five years ago. Planning over the last two years has recently evolved into work on opening the venture.

UNM officials said they are working hand-in-hand with the American College Testing (ACT) program, which was chosen for qualifying applicants because most American Indians live in states where the ACT is used as the primary college entrance examination.

The program will be open to students whose ACT scores are in the 95th percentile for their regions. It is extremely competitive — only about five to 10 students will be admitted to the program each year.

Since the academic standards and competition will be so high, it appears the program will bestow prestige to graduates. "We believe it is very prestigious," noted Terry Babbitt, associate vice president of Enrollment Management at UNM. "It mirrors, in many ways, other national scholar programs that have historically been emphasized as the highest academic recognition in the country for high school students such as National Merit and National Hispanic. Students who graduate with this on their resumé will eventually be recognized as the best of the best."

Babbitt described the program as a four-year, full schol-

arship commitment. The components involve a combination of mentoring, service learning, collaboration with other scholars and contribution back to the American Indian communities of students, organizations and tribal affiliations.

Added Babbitt, "The University of New Mexico is a very diverse, 'very high research' institution with a vibrant community of 1,600 American Indian students on campus and more than 75 programs focusing on American Indian Issues. Our commitment to this program is another example of how we are striving to be the leader in American Indian education."

She advises those interested in following the progress of the new program to visit www.unm.edu and e-mail the program's recruiting coordinator, Elaine Ritchel, at eritchel@gmail.com or Pam Agoyo at pagoyo@unm.edu.

A good time to quit smoking and chewing

BY KIM ALFORD, TOBACCO TREATMENT SPECIALIST

The new year is here, a time for new beginnings. In quitting smoking or chewing, it is also a beginning of new life, one free of nicotine and the “ball and chain” that wears you down from the daily addiction of having to smoke or chew on a routine basis. In a medicine wheel perspective, we can look at this beginning in the eastern direction of new life.

In this eastern direction we can look at ways to help the process of being nicotine free. One way is to talk to others that have quit and see how they did it. In addition, think about all the reasons why it is important for you to quit now. You can also talk to your healthcare provider to see what medications are available to help the process be easier. There are several over-the-counter and prescrip-

tion medication options to help you quit commercial tobacco. Going cold-turkey is also an option, but one that requires discipline and determination to get through the healing symptoms of quitting. Any way you quit, you will need discipline and determination to get you through the southern direction of adolescence.

Just like learning to become independent from your parents as a teenager, the southern direction brings some bumps and learning experiences toward living your life independent of nicotine and commercial tobacco. What makes this phase easier or harder is your way of thinking. If you think of “giving up” your cigarettes as losing an old friend, or as something you “have” to do, rather than “want” to do, then it will be harder. If you continue to miss smoking, and linger thoughts of

10 good reasons to quit smoking for the New Year!

10. You'll save lots of money.
9. You won't have to stand out in the cold to smoke.
8. Your car, clothes, hair, house—everything—will smell better.
7. You won't have to pop a breath mint to kiss somebody.
6. Your smile will be whiter.
5. You'll have fewer burn holes in your clothes and furniture.
4. Your mouth won't taste yucky in the morning.
3. You will be a better role model.
2. You will be MUCH healthier.
1. The number one reason to quit this new year: For yourself, your family and your friends!

Talk to us to find out the best way for YOU to quit smoking. Best wishes for the New Year! Sault Tribe Health Center, Community Health Services, 2864 Ashmun Street, Sault Ste. Marie, MI 49783, (906) 632-5210, or contact your local tribal health center.

wanting one, it will be harder, if not impossible. If you keep your determination to quit, and

view it as a positive and as a way of being healthier and in control of yourself, then it will

be easier. Soon, the triggers and thoughts of smoking or chewing will become less and less and your life will normalize as a non-smoker or non-chewer. Remember that quitting nicotine in any form is temporary. It gets better and better with time. Then you enter the western direction of maturity.

In this western direction, there may be times where you might become over-confident and think you can “have just one.” Or you may have a trauma in your life that makes you think you need a cigarette or a chew. But in reality, you simply want to feel better. A single thought can spiral right back to smoking full time if you don't stop it from developing. Although this western direction is a good place to be, your journey may still be misdirected with lingering thoughts or
See “Quit Smoking” on pg. 17

Coping with good and bad forms of stress

BY SARAH M. HALVORSEN, MA, LMSW, CAAC, SAULT TRIBE HEALTH CENTER

Many of us know that stress affects us negatively when we lose a job or a loved one dies. But there can be many other causes of stress. When we are disappointed or disillusioned by life, when we hold onto emotional hurt or anger, or when we feel stuck in a situation, stress is the result. A new experience can bring stress even it is a good experience, such as getting married or having a baby. This stress is sometimes called “good stress.”

There are three typical responses to stress:

— Resist: We can resist what is causing the stress. We can

“fight the tiger,” or refuse to believe the truth of our situation.

— Avoid: We can avoid acknowledging the stress. We pretend the stress isn't there. Common avoidance techniques are reliance on drugs or alcohol (which provide temporary numbing); or distractions such as gambling, excessive TV watching, overeating, or becoming a workaholic.

— Adapt: We can confront and adapt to stress. This requires us to recognize the real cause of our stress and either eliminate the cause or adapt to it in a healthy way.

Often we move through different phases of responding to stress – perhaps resisting or avoiding at first, then finally

learning how to cope or adapt to the situation. It's good to remember that a small amount of stress can be healthy, such as when we are facing a challenge or trying something new (perhaps a new job). With a manageable amount of stress, we tend to be more focused, energized and excited about new possibilities.

Stress hits us hardest in three key areas: our personal lives (home, family, and friends), at work and in financial matters. With a shaky job market, stress is affecting many individuals and families. When stress goes beyond what we can handle, we may begin to feel tense, anxious, irritable, helpless, immobilized, or depressed. Our

health may worsen. Our self-esteem starts to slip. Our energy is gone. Our sleep is disrupted. Eating habits may become unhealthy. Our attitude becomes negative. Relationships suffer.

One way to cope with stress is to change the way we think — our expectations, our perspective and our attitude. Find something to be thankful for, even a small thing. This will get us moving in the right direction. Talking with others, spending time in spiritual practices, reading inspirational books, or getting involved in activities available through the tribe may help us cope with stress. Getting enough rest and exercise, and eating right will keep us healthier. Avoid alcohol and drug use,

as these will cause stress, rather than reduce stress. It is often suggested that helping someone else can take our mind off our own problems and give us positive feelings.

Seeking help is a key way to managing stress. Sault Tribe's Health Division programs offer help for those feeling overwhelmed by life's challenges. The Serenity Prayer offers one of the most profound ways to handle life's challenges, disappointments and stress:

*God grant me the serenity
To accept the things I cannot change,
The courage to change the things I can,
And the wisdom to know the difference.*

Best Western recognized for going smoke free

The Sault Tribal Youth Council partnering with the Chippewa County Tobacco-free Living Coalition (formerly the Substance Abuse Prevention Coalition) recently recognized Jill and Lee Hazel, owners, and Gloria Kemp, general manager of the Best Western Sault Ste. Marie, for implementing a 100 percent smoke-free policy in this lodging facility.

“We went smoke-free at the Best Western for six months in 2004,” said Jill Hazel. “But the market was not quite ready for it at that time. When Lee and I purchased the business from my father, Clyde VanDusen, in 2006, we felt the time was right to pursue a 100 percent smoke-free policy once again.”

“Our staff seems supportive of the smoke-free policy,” said Gloria Kemp, General Manager. “We have about 40 employees and I would say that the majority of them are nonsmokers. Regarding our guests, we inform them when they make a reservation that our hotel is a nonsmoking environment and we receive many positive comments for being smoke-free. Our guests who do smoke simply step outside.”

Lauren Eveleigh, Sault Tribe



The Sault Tribal Youth Council partnered with the Chippewa County Tobacco-Free Living Coalition to recognize Gloria Kemp, general manager of the Best Western Sault Ste. Marie and management staff for implementing a 100% smoke-free policy in this facility. Left to right, front row: Angela Jacobson, executive housekeeper; Paula Maleport, office Manager, Gloria Kemp, general manager; Cheyanne Elam, Trevor Maleport, Sault Tribal Youth Council members; and Jill King, Sault Tribe Youth Education and Activities program assistant. Center Row: Ed Reining, maintenance manager; Jasmine Williams, James McKelvie, Kaleb Kotsko, Sault Tribal Youth Council members; and Julie Trotter, Chippewa County Health Department. Back Row: Rachel Mandelstamm, Sault Tribe Youth Education and Activities program coordinator; Lauren Eveleigh, Sault Tribe Community Health educator; Kaylene Smart, Travis Austin, Angela Jackson, and Karen McKelvie, Sault Tribal Youth Council members.

community health educator said that “secondhand smoke does not respect boundaries; seeping through light fixtures, wall electrical outlets, ceiling crawl spaces and doorways, windows and ventilation systems into all

areas of buildings that allow smoking. Research proves that secondhand smoke cannot be controlled by ventilation, air cleaning or the separation of smokers and nonsmokers.

“The 2006 U.S. Surgeon

General's report concludes that *eliminating* smoking in indoor spaces is the only way to fully protect men, women and children from secondhand smoke exposure. The only complete solution is to make buildings

100 percent smoke-free,” added Donna Norkoli, project coordinator for the Strategic Alliance for Health Program. “We will be working to create smoke-free environments in our communities as a strategy for chronic disease prevention.”

Research continues to show that smoke-free air is not only good for health; it's good for business. According to a *USA TODAY* analysis of American Automobile Association data, the number of lodgings that are 100 percent smoke-free indoors has tripled in the past three years. There are currently more than 8,300 smoke-free lodgings in the USA – nearly 6,000 more than in 2005, AAA's figures show.

“Our guests seem very pleased with our smoke-free policy,” commented Kemp. “We receive many positive comments.”

“Even our guests who smoke say that they like that our rooms are smoke-free and smell fresh,” Hazel said.

For more information about smoke-free environments or tobacco cessation information and assistance please call Sault Tribe Community Health at (906) 632-5210.

Snowshoeing — a traditional, healthy sport

BY CONNIE M. HILL, HEALTH EDUCATOR

What is Michigan's fastest growing winter sport? If you said snowboarding, guess again. Snowshoeing is the hottest new thing in Michigan and most ski trails and resorts have added the activity to their line-up.

Traditional forms of snowshoes are still available: wooden snowshoes strung with rawhide that resemble tennis rackets are still used in many places. Today's modern snowshoes are high-tech affairs with lightweight aluminum or plastic frames and a platform or webbing made of nylon or other synthetic material. Easy-to-use buckle bindings fasten the snowshoes to your hiking boots or cross-country ski boots. There are talons, crampons or cleats on the bottom for traction and stability.

Snowshoes come in different sizes and with different bindings depending on the intended use and the size of the user. If you're lightweight and will be going mostly on packed snow, a smaller shoe is the right choice. If you're heavy, will be carrying a heavy pack, or will be in deep powder, you'll need a larger shoe. Smaller shoes are more maneuverable, but they don't provide as much flotation — the ability to stay on top of the snow. There are small snowshoes designed for running, with special bindings and pivots. There are even snowshoes with



Jacob Schopp, an 11-year-old from Brimley, is trying out the new snowshoes he received for Christmas. Jacob has been snowshoeing since he was 6 years old and is on his second set.

special crossover step-in bindings so you can switch from your snowboard to your snowshoes while wearing the same

Calories burned snowshoeing for adults and children

Calories burned/hr	Weight	Calories burned/hr	Weight
472 calories/hr	130 lbs	242 calories/hr	70 lbs
563 calories/hr	155 lbs	302 calories/hr	90 lbs
690 calories/hr	190 lbs	378 calories/hr	110 lbs

boots.

Snowshoeing is a cross-training conditioning sport, offering a low-impact, safe form of exercise. It is ideal for anyone interested in an aerobic workout combined with strength training and muscle endurance. Snowshoeing is a great form of exercise that will improve or maintain cardiovascular fitness as well as burn calories. It uses every major muscle group at relatively high intensity for extended periods of time, thus requiring high caloric expenditure. Research has shown that individuals who substitute snowshoeing for running during the winter actually improve their running fitness over those who chose to run as their primary source of winter training.

The physical demands of snowshoeing can build up endurance levels and strengthen quadriceps for runners. Muscles used are similar to those used in walking and hiking hilly terrain. Hip flexors may receive more of a workout and quads may get more exercise than usual in walking due to the lifting motion of each step. Climbing in snow-

shoes works the hip flexors and extensors, crucial muscles for cyclists. The use of poles while snowshoeing gets the upper body moving and helps condition arms, shoulders and back muscles.

Social/Adventure Benefits

Snowshoeing is a very inexpensive way to spend time with the entire family. With a nearly immediate learning curve, snowshoeing provides hours of fun for adults and children of all ages. Simplicity is perhaps one of the biggest draws to this sport. Snowshoes can be used in various types of snow conditions so, no matter what the weather, everyone can enjoy the great outdoors. Snowshoeing offers participants the peaceful, quiet serenity of a snow-covered landscape — a great activity for the mind, body, and spirit. If you are interested in joining a snow shoe club please contact Connie Hill at Sault Tribe Community Health (906) 632-2111.

(Sources: *The American Hiking Society, Tubbs Shoes National Sporting Goods Association 2006 Sports Participation Study.*)



Photo Courtesy WNMU

TV APPEARANCE — Sault Tribe's Patty Teeples and Gail Sulander appeared in a December 2008 episode on WNMU's Media Meet about diabetes. Clockwise from left is YEA's Patty Teeples, Erin Davis of Hannahville Diabetes Program, show host Bill Hart, Ann Constance from UP Diabetes Outreach Network (UPDON) and Manistique Community Health's Gail Sulander.

The facts about childhood obesity

Do you know the facts about childhood obesity?

The Anishinaabe Nimmki Tribal Youth Council is working on preventing childhood obesity.

Over the past three decades, childhood obesity rates have doubled for pre-school children aged 2-5 years and adolescents aged 12-19 years and it has more than tripled for children aged 6-11. At present, nine million children over 6 are considered obese.

Problems that obesity can cause are —

Physical health: type 2 diabetes, hypertension, dyslipidemia, hepatic steatosis, cholelithiasis, sleep apnea, menstrual abnormalities, impaired balance, orthopedic problems

Emotional health: low self-esteem, negative body image, depression

Social health: stigma, negative stereotyping, teasing and bullying, social marginalization.

What can we do to prevent this from happening to our youth?

Be aware of your portion sizes at meals and snack times,

monitor calorie intake, don't reward with food, make healthier choices for your meals, bake or broil foods, play outside, go for walks. This time of year, go sledding, ice skating, shoveling and encourage each other to make better choices.

We would like to wish you all a happy and healthy new year. For more information go to www.iom.edu.

— Sponsored by the Robertwood Johnson Foundation and UNITY.

Get a fresh start in 2009!

From "Quit Smoking," pg. 16 misguided behaviors.

Many people are nicotine free for a few months or many years and then relapse into old habits. This is because their journey ended before they made it into the northern direction of wisdom.

The northern direction of wisdom is a place of self-confidence in knowing beyond anything that having a cigarette or a chew is never going to happen again. It is knowing from the inside out. It is trusting in yourself that no matter what happens you will not go back to being nicotine dependent. That no matter what happens in your life, having a cigarette or a chew is not an option. This way of knowing yourself is a form of wisdom as well as comfort.

The journey getting to the northern direction of wisdom, once again, is easier or harder depending on the way you think and behave. It is shorter or longer depending on your self-reliance (trust in yourself), your support from others, and your determination and discipline to not have another puff or chew

once you quit.

Take the first step and before you know it, you will be there. It doesn't have to be hard or long if you prepare yourself for the journey in your thoughts and actions and take it one step at a time.

Talking circle celebrates first anniversary; everyone welcome!

MANISTIQUE — A Better Health and Wellness Talking Circle first anniversary celebration event will be held at the Manistique Health Center Jan. 20 from 5 to 7 p.m.

This is an "edutainment" event for everyone interested in healthier living ideas.

There will be a talking circle with Patty Teeples to discuss the

Where will you end up if you don't take this journey?

If you would like more information in becoming nicotine free, talk to your healthcare provider, or call Sault Tribe Community Health at (906) 632-5210.

topic of weight loss; sampling of homemade baked goods with information on the use of artificial sweeteners; meal comparisons to show people how to get the most food at the least cost to their health; door prizes and more.

It is a free event and no registration is required! Any questions, please call 341-9525.

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SOO CO-OP CREDIT UNION

SAULT STE. MARIE - BRIMLEY
KINROSS - CEDARVILLE

Chairman McCoy reports to the membership



DARWIN "JOE" MCCOY
TRIBAL CHAIRMAN

Aanii:

I would like to begin this report by wishing all of you a happy new year!

We have weathered through the roughest waters from the financial storm facing us in 2008.

I understand that the decisions that have been made as a tribe in the past six months have not been the most popular; however, while facing a mount-

ing deficit of over \$15 million in 2008, while the national and world economies simultaneously falter, we are still standing tall. We have the deficit under control and will be monitoring the situation closely.

2008 was a challenging year considering the serious and critical issues that faced us. But working together, we are meeting these challenges. We are on track to making our tribe stronger than ever. We united as a governing body and worked closely with our executive directors, casino COO and other team members to make many difficult, yet necessary, changes to build the framework for future planning. The planning component has been neglected over the last few years and that has hurt us financially because all revenues generated were being spent as quickly as they came in. It took time to get to the point we were at, and getting us back on track will also take time, but progress is being made.

I would like to say "G'tchi

Miigwech" to our elders for the invitation to their holiday meal. I hope you all enjoyed it as much as I did. It was great to see so many of you at this festive and happy gathering. The board of directors and I also appreciate how our elders have participated in cost savings ideas by suggesting one holiday meal as opposed to Thanksgiving and Christmas dinners.

I would also like to acknowledge and say "Miigwech" to all of you who joined together and held Christmas parties in each of our communities for our children. There were many volunteer hours put in, and many donations and contributions, which ensured these parties were a success. I'm impressed and humbled by seeing the grass roots effort you all made, and by showing all of us what we are capable of when we do come together to accomplish a goal. I've heard nothing but good things from all who attended one of the community parties. Great job to all of you!

This new year we will also face our fair share of issues. Greektown is proceeding through the Chapter 11 process, and it is imperative that we do not lose sight of this economic engine. Decisions have been made in the past that we are slowly overcoming; however, there are many obstacles and pitfalls that lay ahead.

As we embark upon a new year, 2009, it is time for a fresh start. This year we will be focusing our efforts on continually improving the efficiency of our revenue allocations to ensure that services are maintained and enhanced.

In 2009, we will also focus our efforts and energies on diversifying our tribe's revenue streams. We will emphasize making our existing businesses more profitable and diversify into areas and fields that will yield productive results for our tribe and membership. It is time that we step outside of the proverbial "box."

At the dawn of this new year, we have the opportunity

to move past the negativity of the past and work together constructively, and in a positive manner, for the betterment of OUR tribe. We must not forget the mistakes of the past, for we must never repeat them. However, we must not continually dwell on them either; this is counterproductive and does not move us forward as a tribe.

One year ago today, I would never have envisioned the true nature and responsibility of representing our tribe as its chairman. I have a new found respect for the position and the effort put forth by your elected representatives.

I begin this year as I departed the last: humbled and honored to represent you as the chairman of the Sault Tribe of Chippewa Indians.

As always, if you have any questions, please feel free to contact my office at (906) 635-6050, or email me at jmccoy@saulttribe.net.

Miigwech,
Chairman Darwin "Joe" McCoy

Hoffman reports: 2009 - hit the ground running



DJ HOFFMAN, DIRECTOR,
UNIT I

The new year has ushered in and with it comes opportunity. We as a tribe have the opportunity to solidify our financial foundation and establish new economic opportunities to carry us into the future.

The opportunities for us as a tribe are astounding. This report will once again stress the need for economic diversification. This is not just a need; it is a necessity for the financial well being of our tribe.

ECONOMIC DEVELOPMENT

The need to diversify is growing exponentially on a daily basis. This January, I will

be introducing a resolution to fund an economic development director position to further efforts towards the diversification of tribal businesses. The resolution will generate funding for the position by utilizing a portion of the tribal corporate tax that is assessed to all of our enterprises. In essence, the businesses themselves will generate the funds necessary to fund the position. Will this occur? Now, that is a question that you the membership needs to ask your elected leadership. Call them, or e-mail each and every board member:

If you want a separate economic arm of the tribe that's primary focus is revenue generation that can be utilized (in part) for Membership Services;

If you want businesses separated from the politics of the tribe so that performance and productivity are the priorities;

If you want the tribe to tap into the many business opportunities that exist and yet lay untapped by our tribe.

THIS ONE POSITION WILL NOT ACHIEVE ALL OF THIS BY SIMPLY BEING HIRED. IT WILL TAKE TIME, HOWEVER, UNTIL WE TAKE THIS

STEP FORWARD – WE WILL MOVE NO WHERE TOWARDS ECONOMIC DIVERSIFICATION.

KINROSS GAS STATION

Recently tribal members who are benefiting from the addition of the gas tax discount in the Kinross area were hit with a major set back. Unfortunately, the station providing this discount burned to the ground. A majority of the tribal board voted to establish an off reservation site in your area. I am pleased to report that staff is working with neighboring stations to revive this benefit for you. Personally, I would like to advocate for the acquisition of the gas station that burnt down, as its pumps are all new and not affected by the fire. A MIDJIM in Kinross would be an excellent opportunity for diversification.

RESTRUCTURING

I AM REITERATING THIS FROM MY LAST REPORT AND WILL CONTINUE TO DO SO UNTIL WE HAVE CORRECTED THIS PROBLEM:

It is imperative that we concentrate on correcting and streamlining the tribe to provide our services more efficiently to

ensure their continuity. While many have lost employment, which is truly unfortunate, the tribe's main focus is to provide services to our membership.

The excess management within the casino operations is absolutely inexcusable.

BUDGETS

WE SURVIVED A \$15 MILLION DEFICIT IN 2008. THE MERE FACT THAT WE HAD A DEFICIT OF THIS AMOUNT IS UNACCEPTABLE AND SHOULD NEVER BE ALLOWED TO HAPPEN AGAIN.

As elected officials of the tribe we have a fiduciary responsibility to protect the assets of the tribe. I am hopeful that this year we will cut out the excess, pay down our tribal debt and utilize funds earmarked for excess in prior years for membership services.

OJIBWE LANGUAGE

In 2007, the board passed a resolution that gave the JKL fiduciary board the authorization to proceed with a language preservation project that will be funded with education monies and as many other sources as can be secured.

We as a board have yet to act

upon this resolution, albeit we have been extremely busy with the budgetary process. I will be pushing to get this project off the ground commencing at our very first meeting in January. Our language is integral to our identity. We must do all that we can to maintain and preserve this part of who we are.

CONCLUSION

In closing, I would like to wish all of you a happy new year. I realize that my report may not be as festive as others; however, we need to hit the ground running in 2009. Performance is not something that we should only require from our employees ...

I thank you all for allowing me the opportunity to serve you as a representative of the Sault Tribe of Chippewa Indians.

Sincerely,
DJ Hoffman
Unit 1 Director
(906) 635-6945
(906) 322-3801 cell
djwhoffman@hotmail.com
ONLINE JANUARY

21, 2009 - WWW.DJHOFFMANBLOG.COM. PLEASE E-MAIL ME TO SIGN UP FOR WEEKLY NEWSLETTERS AND VIDEO UPDATES.

LaPoint's Unit II report to the membership



ROBERT LAPOINT, DIRECTOR,
UNIT II

I hope everyone had a good holiday.

I have only missed one Christmas at home, when I was overseas in the Army, came back for discharge in the following April after a month on a ship where most everybody got sick in a storm, except a very few of us.

As you know, the Greektown Casino filed bankruptcy and the state is taking over. It's said that MGM Casino is also having problems. I would be in favor asking other casinos to join us

in giving the state 15 days to drop the 24 percent tax rate on the gross sales or we lock the door. The state would lose almost \$1 million per day, plus 5,000 jobs (we pay an average of \$220,000 per day).

We are going to need many interior and exterior doors, windows, cabinets, siding and so forth. We could set up a workshop for replacement and give our own carpenters a job. We could even make panelized houses and put them together in one day, including the roof.

I have done this many times. If you wanted to have a sawmill and have logs and firewood from our own property.

I also put in "air conditioning" with an old car radiator to the well water on a garden hose to the radiator and another going to the garden. The temperature goes down at a rate of 1 degree every five minutes, down to 70 degrees.

We must do more thinking and less complaining.

Bob LaPoint
(906) 493-5311

The next deadline for submissions to *Win Awenen Nisitotung* is Tuesday, Jan. 27 by 9 a.m. (See page 2 for submission guidelines.)

Keith Massaway reports to membership



KEITH MASSAWAY, DIRECTOR, UNIT III

Happy new year to everyone. The work by the tribal board

members continues every day. I had tribal business to attend to every day over this holiday season except for Christmas Day. Nearly every day we have Greentown Management Board conference calls dealing with our lawyers, bankers and bankruptcy consultants. We are trying to stay updated and educated on all the daily happenings. I say "try" because we seem to have a disconnect with some of the parties involved. We are making efforts to remedy this. Bankruptcy continues but the unsecured and the debtors, which is the tribe, are currently not in a position to receive any money or interest

in the casino if there is a fire sale. The board's focus now is to work on a refinancing package to secure the tribe some equity in the enterprise. This is very possible but things have to happen very quickly and be highly coordinated.

Pat Rickley and I put on a Christmas fun fair for the children in December. It went extremely well. More than 180 children participated in the free games and food. The cake walk was extremely popular and there was over 70 baked goods to give away. A thank you to everyone who made cakes and everything else for the cake walk, the children had a lot

of fun picking out their favorites. I would like to also thank everyone who helped with the event. It was a huge success. The elders also got involved. I went to a Unit III elder's meeting to inform them that Pat and I wanted to put on a fun fair for the kids and I solicited amongst them if they would contribute baked goods for the cake walk. Many signed up right there and they then surprised me by handing me a check to go towards the prizes. I was very thankful and truly touched that a group that has seen so much of their funding cut would not blink an eye when it came to our children. We had some

raffle prizes that we gave away — a \$75 visa card donated by Farmers Insurance and two bikes donated by Mike Buby and other prizes. Thank you all for the generosity.

The St. Ignace Kewadin Shores Casino is faring quite well in the depressed economic market. It has preformed very well this fall and winter. We are at or near projections, which is much better than many of our competitors. I know it is because our employees and staff have done an excellent job.

Thank you for the calls and letters.

Keith Massaway

Causley deeply inspired by volunteers and donations for children's Christmas parties



LANA CAUSLEY, DIRECTOR, UNIT II

Miigwech to all those who made the Hessel and DeTour children's Christmas parties a huge success! I was deeply inspired by all the volunteers and donations we received. Without your help, we would not have been able to continue

this traditional community event.

As we prepare for the new year, my main area of focus will be on tribal youth and our communities that are struggling with substance abuse and suicide. As stated in my last unit report, we will be receiving additional funding from the Indian Health Service to ensure that we are able to address these issues within our communities.

Another area of focus will be meeting with each individual elder's group to work on the priorities that each of the groups have for their communities.

In the last quarter of 2008, the Constitutional Committee met with the tribal board and presented the financial analysis of implementing the new Constitution. To be responsible decision makers in these hard economic times, we asked that

the committee review their work and set priorities as to what would be of most benefit to the tribe. As you are aware, some committee members/tribal members wanted to take the route of amending our constitution while others wanted a completely new one. Once the committee identifies the priorities they can then be brought to the membership in the form of a Constitutional amendment.

During the past quarter, homes on the reservations have been able to get new windows and furnaces in place, the board of directors were presented with the strategic plan for our housing services and we look forward to many changes and upgrades to our units in the next three years. The department has done a wonderful job with planning for our tenants.

In closing, I would like to touch on an issue that is a contentious one, but I have received many calls about the "seven-plus-one" litigation and was requested that I make a

statement in my unit report.

The seven-plus-one litigation is still ongoing, although it has been reduced down to only four individual and the firm (this occurred during the last administration). There has been no attempt to discontinue the litigation. The issue is still very sensitive and has left scars on the tribe from all the politicizing of the matter. That's all done and I believe we are healing. The one statement I will make is the case continues and there has been no change in that course.

2008 brought many changes and required many difficult

decision. I believe we are on the right track in strengthening our financial position and providing a core set of services to members.

I will be available for office hours on Jan. 19 at the Hessel Tribal Center from 9 a.m. to noon with the elders' meeting to follow. I will be holding office hours in Naubinway on Jan. 28 at the snowmobile museum.

Please call if you would like to meet anytime to discuss your issues or concerns.

Baamaapii,
Lana Causley,
(906) 484-2954,
lcausley@saulttribe.net

Time to move tribe forward



JOSEPH EITREM, DIRECTOR, UNIT I

I would like to take this opportunity to wish the entire membership a very happy new year. The new year is a time to move forward as individuals and as a tribe.

While the past year has been quite turbulent, this year our time must be spent on business and growth. We must stress performance and productivity

within all of our enterprises and tribal operations. We must also focus on diversifying our revenue generating enterprises.

Contrary to what you may be hearing, there are some good things happening with our tribe. Our budget nightmare has been addressed and it is time to progressively move forward. I am optimistic that 2009 will bring positive changes for the betterment of all tribal members.

The negativity of the past has been replaced with hard work and determination. While we may not always agree on a vote, or an issue, board members are able to conduct themselves in a professional manner.

Let us all move forward into 2009 with a positive focus and a true appreciation of what we are fortunate to have.

Thank you for reading this report and, if you have questions, please call or e-mail me at 632-8567, 440-5728 or josepheitrem@yahoo.com.



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Tribe is at a critical interval for Greektown



**TOM MILLER, DIRECTOR,
UNIT IV**

Welcome to 2009 and I hope everyone had a merry Christmas and a happy new year. During the holidays, the board of directors' work continued on the overall financial situation of the tribe and that of Greektown.

I believe the tribal budget situation is back into a manageable form. This means we are not going to spend more than the revenue we have available to pay bills. This will also mean that until we find other sources of revenue beyond what we presently have, budget scrutiny and belt

tightening will be our normal yearly mode of operations when setting the yearly budgets. This will allow the tribe to plan on a long-term basis and maximize the use of our monies and that will benefit the members in the generations to come.

I have been made aware that the rumor mill is up and operating at full tilt. Once again, I would remind everyone that although it is entertaining, it is usually not very accurate in the information it puts out. If you have questions, please call your unit

representatives and get the accurate information.

We are at a critical period in our process concerning Greektown Casino. You will read and hear many stories, rumors about the processes and events happening in and around the Greektown Casino. Rest assured that the Greektown Management Board is diligently working through a highly complex and ever changing Chapter 11 situation toward maximizing the value of our casino and exiting bankruptcy. Much of the proceedings are proprietary in

nature and therefore confidential, but as this information is available for release, we will make sure that the tribal membership is informed in a timely manner.

Please bear with us as we do our best to rectify this challenging financial situation.

The two percent grants have all been awarded and our next distribution will be in the spring.

I hope you have a great start to the new year. If you have any questions, please contact me at (906) 644-3334 or (906) 322-3827.

Sault Tribe Board Directory

Below is contact information for the Sault Tribe Board of Directors, as of July 2008. Please direct written correspondence to: 523 Ashmun St., Sault Ste. Marie, MI 49783

CHAIRMAN
Darwin "Joe" McCoy, Chairman,
jmccoy@saulttribe.net, (Office)
(906) 635-6050

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(906) 322-3819

Tom Miller, Unit IV Director,
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322-3827

UNIT V
Shirley Petosky, Unit V Director,
shirleypetosky@yahoo.com, (H)
(906) 387-2101, (C) (906) 322-
3803.

Sault Ste. Marie Tribe of Chippewa Indians Board of Directors 2009 Calendar

Jan. 6 Sault Ste. Marie
Jan. 20 Sault Ste. Marie
Feb. 3 Sault Ste. Marie
Feb. 17 Sault Ste. Marie
March 3 Sault Ste. Marie
March 17 Manistique
April 7 Sault Ste. Marie
April 21 Sault Ste. Marie
May 5 Sault Ste. Marie
May 19 Sault Ste. Marie
June 2 Sault Ste. Marie
June 16 Sault Ste. Marie
July 7 Sault Ste. Marie
July 21 Sault Ste. Marie
Aug. 4 Sault Ste. Marie
Aug. 18 Hessel
Sept. 1 Sault Ste. Marie
Sept. 15 Munising
Oct. 6 Sault Ste. Marie
Oct. 20 St. Ignace
Nov. 3 Sault Ste. Marie
Nov. 17 Sault Ste. Marie
Dec. 1 Sault Ste. Marie

Per the Constitution and Bylaws, Article 1 – Meetings of the Board of Directors, Section 1:provided that at least one meeting per year shall be held in each of the five election units established pursuant to Article V, Section 1 of the tribal constitution.

General meetings of the Board of Directors are held the first and third Tuesdays of the month.

All general meetings start at 6 p.m. All Sault meetings will be held at the Kewadin Casino and Convention Center, other locations to be announced.

All special meetings will be announced. Note: there will no longer be special meetings on the second and last Tuesdays of the month, unless announced by the tribal chairman and/or tribal board.

For further information please call Joanne or Tara at the Administration Office, (800) 793-0660, extensions 26337 or 26338.

Upper Great Lakes water level study could bring back fisheries, habitat

SAULT STE. MARIE
— The International Upper Great Lakes Study (IUGLS) has announced that the draft St. Clair River report will be released in early May 2009 and the final report transmitted to the International Joint Commission (IJC) in October 2009.

In particular, the change accommodates the time needed for integration of all technical work group findings, the Independent Peer Review process and extended public comment.

The new schedule allows for an extended 60-day comment period on the draft report — as urged by the IUGLS Public Interest Advisory Group. The additional time is also needed

for integration of the findings from more than 40 study projects and more thorough data evaluation, verification and quality control and the Independent Peer Review Group to

review each of the key chapters. The new schedule will also allow for

collection of additional field data to corroborate hydraulic and sediment modeling results, if required.

IUGLS is a 5-year investigation launched by the IJC in March 2007 to examine whether regulation of outflows from Lake Superior might be improved to take into consideration changing climate and

evolving interests of property owners, ecosystems, municipal and industrial water users, hydropower, the shipping sector and the recreation and tourism industry.

Public comment period extended; See www.iugls.org to comment.

The first component of the study addresses the question of whether possible physical changes in the St. Clair River are affecting the relative levels of Lake Erie and Lake Huron and also examines the impact of other factors on levels such as changes in water supplies due to climate change, among others. For years, there have been theories of a giant "sink-hole" that drains lakes Superior and Michigan-Huron. The report should provide an analysis of what is really occurring. The report is to be released in

2009 while the final report on the second component — Lake Superior regulation — is expected in early 2012.

According to Sault Tribe Environmental Coordinator Dan Tadgerson, 1914 and 1979 were the last times the outflow

was changed. Tadgerson, also a member of the IUGLS Public Interest Advisory Group, intends to comment on lost fisheries that were never mitigated, along with the loss of the rapids and spawning habitat. According to oral history, for example, not so long ago the St. Marys River trout and sturgeon population flourished.

Tadgerson intends to comment and urges that others do the same. To learn more about the study, the draft report and commenting, see www.iugls.org or call Tadgerson at 635-6050.

Culture Camp Seeks Donations

Please join the Mary Murray Culture Camp fund-raising campaign to raise money for operational costs, trail signage for Anishinaabe Miikaans (Indian Trail), landscaping and other camp activities. Monies will pay tribal elders or carpenters to help carve and place signs depicting tribal clans along the length of the 1.25-mile trail.

A board will be established to determine spending, including a member from education, finances, traditional and youth.

Those who donate receive a button stating, "I support the Mary Murray Culture Camp" and a certificate of appreciation. Donations of \$25 and more

will get your name placed on a donation wall at the camp.

The culture camp is used year-round for many activities, including staff meetings, trainings and cultural workshops such as language, drum making, smoking fish and sugar bush.

To make a donation contact Bud Biron at (906) 635-6050 ext. 26144, or (906) 440-7626 (cell), or e-mail houbern@saulttribe.net. Those who wish mail in a donation can send it to: Mary Murray Culture Camp, attn: Bud Biron, 523 Ashmun St., Sault Ste. Marie MI 49783.

G'tchi Miigwech.



TRIBAL MEMBERS!

Before you move to your new address, call tribal enrollment to let them know where you are headed! That way you won't miss one issue of your tribal paper! Call (800) 251-6597.

Finding adventure at Treetop Adventures

BY RICK SMITH

If you've got what it takes and want something new and exciting to do, you should look into Treetop Adventures, a wilderness eco-adventure park near Goulais River, Ont., about 20 minutes north of Sault Ste. Marie.

The park features a 400-foot zip line through a forest canopy, called the Big Zip, which traverses a scenic ravine along its course as you glide suspended above the ground between 40 and 50 feet in a safety harness attached to a cable along with two carabineers. "So, actually," said Cindy Joseph, owner of Treetop Adventures. "You have three safety connections during a ride on the Big Zip."

Or you might opt to try the aerial games. "The aerial games are something like an obstacle course except they're 25 to 40



Photo courtesy of Treetop Adventures

A couple takes on one of the aerial games at Treetop Adventures.

feet off the ground in white pine trees," said Joseph. "The obstacles are called games and there are 18 games all together. There are two parts and it gets progressively more difficult as you go. It takes about two hours."

She said the aerial games feature cables, beams, logs, wobbly bridges, different types of swings and other contraptions to test your speed and balance.

On the park's Web site, www.treetopadventures.ca, it's

noted Treetop Adventures is an ecologically friendly tourist attraction, which offers a year-round, outdoor, wilderness adventure that will interest and exhilarate all ages. The initiative is to provide a place for families, friends and colleagues to share some laughs, rejuvenate themselves and enjoy the magical wonders of nature together.

Those preferring to keep their feet on the ground but would still like some adventures can investigate the park's team and relationship building and strengthening games. Too, orienteering is offered — a navigation sport often referred to as the "thinking sport." According to Joseph, it's easy to learn, but always a challenge and it is also great exercise. A variety of orienteering programs appropriate for all ages are offered. The

object of the course is to hike or snowshoe to a series of points and find hidden treasures while working together or individually. The course is designed to develop one's skills and confidence in further nature experiences.

There is also the Wilderness Survival Program intended as a basic introduction on how to prepare for and react in a wilderness survival situation.

The park invites all comers whether individual, family, fundraising interests, schools or corporations who want to take advantage of the park's opportunities.

The park opened last June 13 with the ground and aerial games, the Big Zip was opened last November.

Details are available on the Treetop Adventures Web site or by calling (705) 949-7731.

Which is better, dryer sheets or liquid softener?



FROM THE EDITORS OF E/THE ENVIRONMENTAL MAGAZINE

Dear EarthTalk: Which is better for our environment: to use dryer sheets in the dryer

or liquid fabric softener in the wash? It seems they both have properties that are not very green.

— Deborah, via e-mail

If you're concerned about the health and safety of your family members, you might want to stay away from both conventional dryer sheets and liquid fabric softeners altogether. While it may be nice to

have clothes that feel soft, smell fresh and are free of static cling, both types of products contain chemicals known to be toxic to people after sustained exposure.

According to the health and wellness Web site, Sixwise.com, some of the most harmful ingredients in dryer sheets and liquid fabric softener alike include benzyl acetate (linked to pancreatic cancer), benzyl alcohol (an upper respiratory tract

irritant), ethanol (linked to central nervous system disorders), limonene (a known carcinogen) and chloroform (a neurotoxin and carcinogen), among others.

Since fabric softeners are designed to stay in your clothes for extended periods of time, such chemicals can seep out gradually and be inhaled or absorbed directly through the skin. Liquid fabric softeners are slightly preferable to dryer

sheets, as the chemicals in dryer sheets get released into the air when they are heated up in the dryer and can pose a respiratory health risk to those both inside and outside the home.

For those who don't want to give up the benefits of fabric softeners but are afraid to risk exposure to potentially toxic chemicals, National Geographic's Green Guide rec-

See "EarthTalk" on pg. 22

Economic Stimulus Cash Giveaway Win Your Share of \$68,000 in cash

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January 1-28, 2009.

Mondays and Wednesdays during the promotion will be double ticket day.

Random slot draws every

Saturday 6 - 9 p.m. during the promotion ending on the 17th.

Grand Prize Draw Dates:

Saturday, January 24 - Kewadin Christmas and Kewadin St. Ignace.

Sunday, January 25 - Kewadin Sault Ste.

Marie and Kewadin Manistique.

Wednesday, January 28 - Kewadin Hessel.

Random cash draws: 6 - 10 p.m.

Grand Prize drawing: 10:15 p.m.

Tournaments

Spin To Win Sault Ste. Marie Jan. 30-Feb. 1, 2009

Craps Sault Ste. Marie Feb. 20-22, 2009

Spin To Win St. Ignace Feb. 20-22, 2009

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The Man In Black Johnny Cash Tribute Thursday, January 29th Sault Ste. Marie, Michigan

Musical Comedians Comedy Tour Saturday, January 17th Sault Ste. Marie, Michigan



Great White & Britny Fox Saturday, January 10th Sault Ste. Marie, Michigan



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Weekly Events

Rapids Lounge Entertainment

Sault Ste. Marie

Comedy starts at 9pm - Thursday

Jan. 8th - Rob Holloway

Live Music starts at 9pm Fri. & Sat.

Jan. 9th & 10th - Paul Perry

Northern Pines Entertainment

St. Ignace

Comedy starts at 9pm - Wednesday

Jan. 7th - Rob Holloway

Live Music starts at 9pm Fri. & Sat.

Jan. 9th & 10th - Touch of Class

Team Spirits Bar Entertainment

Manistique

Karaoke - January 17th

Live Music starts at 9pm Sat.

Driver - January 10th



Lawsuit filed in federal court to reduce chemicals from coal and oil power plants

WASHINGTON, D.C. — A coalition of public health and environmental groups filed a lawsuit in federal court on Dec. 18, seeking a firm and enforceable new deadline for U.S. Environmental Protection Agency (EPA) to require deep reductions in mercury and other toxic air pollutants emitted from coal- and oil-fired power plants. Power plants are the nation's largest unregulated source of mercury pollution and emit enormous quantities of lead, arsenic and other hazardous chemicals. If successful, the lawsuit would end six years of delay by the Bush administration.

Attorneys at Chesapeake Bay Foundation (CBF), Clean Air Task Force, Earthjustice, Natural Resources Defense Council, Southern Environmental Law Center, and Waterkeeper Alliance filed the lawsuit today in D.C. district court on behalf of American Nurses Association, CBF, Conservation Law Foundation, Environment America, Environmental Defense Fund, Izaak Walton League of America, Natural Resources Council of Maine, Natural Resources Defense Council, The Ohio Environmental Council, Physicians for Social Responsibility, Sierra Club and Waterkeeper Alliance.

The lawsuit follows President-elect Barack Obama's appointment of Lisa Jackson to head the agency. Groups expressed hope that the incoming administration will take a new approach to regulating pollution from power plants and act quickly to bring the problem under control.

"We are far past both the legal and, indeed, the moral deadline, for EPA to take action to control toxic air emissions from this enormous industrial

EPA's failure to protect our children's health from toxic mercury pollution has allowed coal plants to release more than 700,000 pounds of mercury pollution over the past eight years.

— Vickie Patton, deputy general counsel at Environmental Defense Fund.

source of mercury and other poisons," said Clean Air Task Force attorney Ann B. Weeks. "At the same time, we are hopeful that the Obama administration will act quickly to mandate the deep cuts in this pollution, as the Clean Air Act requires."

According to the Centers for Disease Control and Prevention, 8 percent of American women of childbearing age have mercury in their bodies at levels high enough to put their babies at risk of birth defects, loss of IQ, learning disabilities and developmental problems.

"Children and women of childbearing age are at risk when power plants emit the levels of mercury they are emitting today — all 50 states, and one US territory, have declared fish advisories warning about mercury contamination," said John Suttles, senior attorney, Southern Environmental Law Center. "It is time to require deep reductions from this industry."

Under the Clean Air Act,

EPA was required to control power plants' emissions by December 2002. Instead of meeting that requirement, however, the Bush administration asked Congress to roll back the control requirements. Then, unable to win Congress' support for that request, the administration unlawfully tried to declare that the required pollution controls were simply not necessary or appropriate.

"Power plants are the largest unregulated industrial source of air toxics," said Earthjustice attorney Jim Pew. "It is unconscionable that six years after the deadline for action, we still do not have air toxics controls on these large existing sources of pollution."

The federal appeals court in D.C. tossed out EPA's attempt in February 2008, in a lawsuit brought by a coalition of environmental and public health groups, states and Native American tribes. Baffled by the Bush administration's reasons as to why it should not set these requirements, the Court compared its logic to that of the dangerously irrational Queen of Hearts character in Alice in Wonderland. Now EPA is back where it started: in violation of the 2002 statutory deadline to control power plants' toxic pollution.

"EPA's failure to protect our children's health from toxic mercury pollution has allowed coal plants to release more than 700,000 pounds of mercury pollution over the past eight years. The era of deny and delay in failing to protect America's children from toxic air pollution is coming to a close," said Vickie Patton, deputy general counsel at Environmental Defense Fund. "We look forward to working with new leadership for America that will follow the science and enforce

the law to protect our children and our communities from toxic air pollution."

In the intervening 10 months since the court ruling, EPA has made no moves to comply with the court's order, prompting the lawsuit.

"With the devastating impacts mercury is having on our waterways, fish, women and children in the US, EPA's failure to pass a mercury control rule that safeguards both human and environmental health is perhaps the most damning example of an agency blind to its mission and mandate," stated Waterkeeper Alliance Legal Director Scott Edwards. "Sadly, once again, the Bush administration has accomplished what the energy industry hired it to do eight years ago — protect their profits, promote their interests and avoid any accountability."

Approximately 1,100 coal-fired units at more than 450 existing power plants spew some 96,000 pounds of mercury into the air each year.

"There are affordable technologies widely available today that can substantially reduce mercury and other toxic pollution from coal-fired power plants," said Bruce Nilles, director of the Sierra Club's National Coal Campaign. "By turning a blind eye to these technologies the EPA is unnecessarily putting the health of

children everywhere at risk."

Much of the mercury and other metals in the air toxics plume fall out within 100 miles of the power plant source, and mercury accumulates up the food chain in fish and in the animals that consume it. In addition to human health effects, significant adverse effects on wildlife also have been linked to power plant mercury.

"Studies have clearly demonstrated that a significant amount of mercury pollution from power plants falls locally, and almost all waterways in Virginia, Maryland and Pennsylvania have fish consumption advisories due to mercury," said Chesapeake Bay Foundation's Director of Litigation Jon Mueller. "While some states have taken action to reduce mercury pollution others have not, underscoring the need for national standards."

"The Bush EPA will leave behind a mercury pollution legacy of shame and irresponsible delay," said John Walke, senior attorney, Natural Resources Defense Council. "After eight years, all they managed was to break the law and fail to clean up power plants' rising toxic emissions."

A copy of the complaint filed today in D.C. district court is available at the www.earthjustice.org library under legal documents.

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E S T R U O C Y O L S O N G B O N E

Dryer sheets, fabric softener chemicals toxic over time

from "Earth talk" pg. 21
ommends adding either a quarter cup of baking soda or a quarter cup of white vinegar to the wash cycle. Either one will soften clothes, while the latter will also address static cling. (Be sure not to mix either with bleach, though, as resulting chemical reactions could cause noxious fumes.) If eliminating static cling is your top priority, try drying natural-fiber clothes separately from synthetic materials. The combination of cotton and polyester is often the culprit behind static cling. Better yet, reports Green Guide, line dry synthetic clothing, as it tends to dry fairly quickly anyway.

A few companies have heeded the ever-increasing call for greener, safer ways to soften clothes and reduce static cling. Seventh Generation's Natural Lavender Scent Fabric Softener and Ecover's Natural Fabric Softener are both good choices



THE NEXT TIME LAUNDRY LOOMS — Look in health food markets for natural essential oil or vegetable-based liquids from Seventh Generation, Ecover and others.

that rely on vegetable products and natural essential oils instead of harsh chemicals to get the job done.

Another safer option is Maddocks' Static Eliminator, a non-toxic, hypoallergenic reusable dryer sheet made out of a proprietary, chemical-free poly-nylon. The Canadian company Maddocks originally developed the material to rid industrial-

scale mechanical systems of explosion-inducing static electricity, but soon realized that it could benefit consumers as well, who can now buy the sheets—each one is good for some 500 wash loads—from natural foods retailers as well as from several online vendors.

Contacts: Sixwise.com, www.sixwise.com; The Green Guide, www.thegreenguide.com; Seventh Generation, www.seventhgeneration.com; Ecover, www.ecover.com; Maddocks' Static Eliminator, www.static-eliminator.ca.

Got an environmental question? Send it to EarthTalk, c/o E/The Environmental Magazine, P.O. Box 5098, Westport, CT 06881; submit it at www.emagazine.com/earth-talk/thisweek, or e-mail it online to earthtalk@emagazine.com. Read past columns at: www.emagazine.com/earthtalk/archives.

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Beowulf	fowl	jewel	song
boars head	fruit	juggler	spear
bone	goblet	junket	sword
cauldron	grail	love	tale
cold	green knight	lute	tales
court	Grendel	mead	turnip
dark ages	hearth	meat	wassail
dog	honey	medieval	winter
feast	hound	Old English	yule

Announcements

Jan. 15: Author Rich Hill, *Lake Effect: a Deckhand's Journey on the Great Lakes Freighters*, a joint program with the Chippewa County Historical Society, 7 p.m., at the Bayliss Public Library.

For more information, call 632-9331 or visit online at www.baylisslibrary.org.

Jan. 16-17: Biboong Bimaadzing, winter survival camp at the Mary Murray Culture Camp on Sugar Island.

Come have fun and learn winter survival skills. Please pack for cold winter weather as we will be outside.

If you would like to sign up your child or would like to participate, please call Bud Biron, Josh Homminga or Laura Porterfield at 635-6050.

Permission slip required for youth attendance.

Limited space. Call to sign up today.

Jan. 17: Musical Comedians Comedy Tour, DreamMakers Theater, Kewadin Casino, Sault Ste. Marie.

For more information, call 1-800-KEWADIN or visit www.kewadin.com.

Jan. 20: Sault Tribe Board of Directors meeting, Sault Ste. Marie, 6 p.m. at the Kewadin Casino Convention Center.

Open community hour, 5 p.m. to 6 p.m.

For further information, call 635-6050 or (800) 793-0660, extensions 26337 or 26338.

Jan. 20: Chippewa County Genealogical Society meeting, 7 p.m., Bayliss Public Library.

For more information, call 632-9331 or visit online at www.baylisslibrary.org.

Jan. 21: *What Was Never Told* series, lesson two, *Collision of Worlds*, 9 a.m.-12 p.m., Cultural Learning Center at the administration building, 531 Ashmun St., Sault Ste. Marie.

Parking and door entrance in back of the building. You're welcome to join us for one or all the sessions.

For more information, call Elaine Young-Clement at 635-6050 or 322-3961.

Jan. 21&22: AARP Driver Safety Program, 10 a.m.-3 p.m., Bayliss Public Library.

For more information, call 632-9331 or visit online at www.baylisslibrary.org.

Jan. 29: *Man in Black*, Johnny Cash tribute, 7 p.m., DreamMakers Theater, Kewadin Casino, Sault Ste. Marie.

For more information, call 1-800-KEWADIN or visit www.kewadin.com.

Feb. 3: Sault Tribe Board of Directors meeting, Sault Ste. Marie, 6 p.m. at the Kewadin Casino Convention Center.

Open community hour, 5 p.m. to 6 p.m.

For more information, 635-6050 or (800) 793-0660, extensions 26337 or 26338.

Feb. 4: *What Was Never Told* series, lesson three, *Indigenous Cultures Descent into Darkness*, 9 a.m.-12 p.m., Cultural Learning Center at the administration building, 531 Ashmun St., Sault Ste. Marie.

Parking and door entrance in back of the building.

You're welcome to join us for one or all the sessions.

For more information, call Elaine Young-Clement at 635-6050 or 322-3961.

Feb. 4: Culture Committee meeting at 6 p.m. at the Niigaanaagiizhik building in Sault Ste. Marie. Meetings are held the first Wednesday of the month. For more information, call Jackie Minton at 322-4975 cell or 495-5165.

Feb. 7: 41st annual I-500 Snowmobile Race, 9 a.m., I-500 Track, Sault Ste. Marie, Mich.

Join us for the 41st annual International 500 Snowmobile Race and experience all the thrills of NASCAR on a one-mile ice oval.

When drivers accelerate to speeds exceeding 100 miles per hour on the straight-aways, your heart will race even faster.

The parade lap will take place at 9 a.m. and the green flag drops at 10 a.m.

There will be a heated beverage tent, merchandise vendors, food all day, memories at the Mile Vintage Snowmobile Show, vote for your favorite sled.

For more information, go to www.i-500.com.

Feb. 12: Unit V membership meeting at 6 p.m. at the Munising Tribal Center. Meetings are held the second Thursday of the month. Please use the M-28 entrance of the building. For more information, call Shirley Petosky at 387-2101.

Feb. 13-14: Flute camp at the Sault Tribe Mary Murray Culture Camp on Sugar Island.

Dates may change.

If you are interested in attending please call 632-7494.

Feb. 17: Sault Tribe Board of Directors meeting, Sault Ste. Marie, 6 p.m. at the Kewadin Casino Convention Center.

Open community hour, 5 p.m. to 6 p.m.

For further information, call 635-6050 or (800) 793-0660, extensions 26337 or 26338.

Feb. 18: *What Was Never Told* series, lesson four, *Acculturation, Resistance and Revitalization*, 9 a.m.-12 p.m., Cultural Learning Center at the administration building, 531 Ashmun St., Sault Ste. Marie.

Parking and door entrance in back of the building.

You're welcome to join us for one or all the sessions.

For more information, call Elaine Young-Clement at 635-6050 or 322-3961.

Feb. 21: Kenny Rogers in concert, 7 p.m., DreamMakers

Theater, Kewadin Casino, Sault Ste. Marie.

For more information, call 1-800-KEWADIN or visit www.kewadin.com.

March 3: Sault Tribe Board of Directors meeting, Sault Ste. Marie, 6 p.m. at the Kewadin Casino Convention Center.

Open community hour, 5 p.m. to 6 p.m.

For further information, call 635-6050 or (800) 793-0660, extensions 26337 or 26338.

March 4: *What Was Never Told* series, lesson five, *What Was Here and What Was Never Told*, 9 a.m.-12 p.m., Cultural Learning Center, Administration building, 531 Ashmun St., Sault Ste. Marie.

Parking and door entrance in back of the building.

You're welcome to join us for one or all the sessions.

For more information, call Elaine Young-Clement at 635-6050 or 322-3961.

March 17-20: Sugar bush preparation at the Sault Tribe Mary Murray Culture Camp on Sugar Island.

Dates may change.

If you are interested in attending, please call 632-7494.

March 18: *What Was Never Told* series, lesson six, *Acts of War and Policies of Oppression*, 9 a.m.-12 p.m., Cultural Learning Center at the administration building, 531 Ashmun St., Sault Ste. Marie.

Parking and door entrance in back of the building.

You're welcome to join us for one or all the sessions.

For more information, call Elaine Young-Clement at 635-6050 or 322-3961.

Attention families of Sault Tribe members: The Youth Education and Activities Program needs your help.

We are looking for volunteers to serve on our Parent Advisory Committee. The committee is instrumental in developing programming for our Anishnabek children throughout the seven-county service area. They also help create policy and represent their communities to determine where spending will be most beneficial in providing services to the greatest number of students.

The committee is comprised of volunteers from throughout the service area. They meet once each month on the third Wednesdays.

We encourage parents, grandparents, aunts, uncles and anyone close to a child attending school to join us.

All meetings are open to the public and we welcome your input.

For more information, please contact the Sault Tribe Youth Education and Activities Program at 635-7010.

YEA offers services Mondays-Saturdays in the Sault.

Sault Tribe Youth Education and Activities started off the school year with many new

and exciting services to offer students from kindergarten through grade 12.

Computer labs open Monday through Friday, 3:30-6:30 p.m., and on Saturday, 11-4 p.m. Computer labs are available for students to come after school and get help with their homework, use the computers, socialize with friends and participate in daily activities.

Free tutoring is provided daily for every student. Students will learn how to animate objects, customize Web sites and other exciting media projects every Monday.

On Tuesdays, students will have the opportunity to participate in science experiments that concentrate in the core subject areas such as chemistry and physics. Students are likely to get messy as toy rockets launch through the air.

On Wednesdays, art lovers will be up to their elbows with googly eyes and balls of yarn creating masterpieces.

On Thursdays, the tribal youth council will be working and playing hard coordinating events that help our community members and bring culture to the Sault.

Fridays are party days where kids can come and show off their moves during Dance Dance Revolution tournaments.

Game lovers of all ages can enjoy a peaceful afternoon dueling in fierce games of Scrabble every Saturday.

Come and visit if you want to have a good time and meet new people.

Free drinks and snacks are provided daily.

YEA is housed at 2428 Shunk Road, next to the Enrollment Department.

If you have any questions, please call Rachel Mandelstamm at 440-4494.

Elders' meetings

Elderly Advisory Board

Jan. 26: Elderly Advisory Board meets at 12:30 p.m. at the Newberry Tribal Center.

For questions, call 635-4971 or (888) 711-7356.

Hessel

Jan. 19: Unit II Hessel Elderly Committee meets after the noon meal at the tribal center.

For questions, call 635-4971 or (888) 711-7356.

Naubinway

Jan. 28: Unit II Naubinway Elderly Committee meets at 6:30 p.m. at the Naubinway Pavilion.

For questions, call 635-4971 or (888) 711-7356.

Newberry

Jan. 23: Unit II Newberry Elderly Committee meets 11 at the tribal center.

For questions, call 635-4971 or (888) 711-7356.

Sault Ste. Marie

Feb. 4: Unit I Sault Ste. Marie Elderly Committee meets after the noon meal at the Nokomis/Mishomis Center 2076 Shunk Road.

For questions, call 635-4971 or (888) 711-7356.

St. Ignace

Feb. 13: Unit III St. Ignace Elderly Committee meets after the noon meal at the McCann Building.

For questions, call 635-4971 or (888) 711-7356.

Escanaba

Jan. 15: Unit IV Escanaba Elderly Committee meets at 5:30 p.m. Site of the meeting to be announced.

For questions, call 635-4971 or (888) 711-7356.

Manistique

Jan. 14: Unit IV Manistique Elderly Committee meets after the noon meal at the tribal center.

For questions, call 635-4971 or (888) 711-7356.

Marquette

Feb. 5: Unit V Marquette Elderly Committee meets at 6 p.m. at the Holiday Inn.

For questions, call 635-4971 or (888) 711-7356.

Munising

Jan. 19: Unit V Munising Elderly Committee meets at the tribal center (Lincoln School), 4:30 p.m., on the first Monday of the month. On the third Monday of the month, the dinner is at 5:30 p.m.

Entrance to the building is off Munising Avenue (M 28) across from the Legion.

Please use the west entrance. For questions, call 635-4971 or (888) 711-7356.

Feb. 2&16: Unit V Munising Elderly Committee meets at the Munising Tribal Center (Lincoln School), 4:30 p.m., on the first Monday of the month. On the third Monday of the month the dinner is at 5:30 p.m.

Entrance to the building is off Munising Avenue (M 28) across from the Legion.

Please use the west entrance. For questions, call 635-4971 or (888) 711-7356.

Payroll deduction accepted at MidJim stores — Sault Tribe employees can now use payroll deduction for purchases at the MidJim stores in Sault Ste. Marie and St. Ignace.

Employees must have a valid payroll deduction account set up with Kewadin Casino.

Alcohol can not be purchased using payroll deduction.

If you do not have a valid account set up with the Kewadin Casinos, you must fill out an application.

For more information, or for an application, call Jaime MacDonald at 635-4782.

Party at the Bear — Book your birthday party at the Chi Mukwa Community Recreation Center.

Skating parties and team parties are also welcome.

Rent the ice rink, hospitality room, basketball or volleyball courts for your event.

Call 635-RINK.

Tribal foster homes — There is a need for tribal foster homes.

Call ACFS at 495-1232 or (800) 347-7137.

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Musical Comedians Comedy Tour - Sault Ste. Marie

17th | 7:00 p.m. Saturday | \$20.00 | On Sale Now

The Man In Black Johnny Cash Tribute - Sault Ste. Marie

29th | 7:00 p.m. Thursday | \$22.50 | On Sale Now

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