

Parent/Provider Newsletter

July 2019

The Child Care and Development Fund (CCDF) program provides resources to States, Territories and Tribal Lead Agencies that enable low-income parents to work or pursue education and training so that they can better support their families and promote the learning and development of their children. The CCDF Final Rule strengthens the requirements to protect the health and safety of children in child care; help parents make informed consumer choices and access information to support child development; provide equal access to stable child care for low-income children; and enhance the quality of child care and the early childhood workforce.

SEARCH ONLINE FOR HIGH QUALITY CHILD CARE PROVIDERS

The State of Michigan Licensing and Regulatory Affairs (LARA) website allows you to search for Licensed Child Care Providers in your area and allows you access to the most recent inspection and investigation reports.

<https://childcaresearch.apps.lara.state.mi.us>

SEARCH ONLINE FOR HOW TO BECOME A STATE LICENSED CHILD CARE PROVIDER and MORE!!

The following website has all the information needed to become a State Licensed Child Care Provider.

www.michigan.gov/michildcare

Parents, there is a section for you also: A Parent's Guide to Child Care Licensing, What to Look for in a Child Care Provider, Get Help Paying for Child Care, Make a Complaint, Great Start to Quality, etc.

Health and Safety Requirements

- Prevention and Control of Infectious Diseases
- Immunizations
- Prevention of Sudden Infant Death
- Use of Sleep Safe Practices
- Administration of Medication
- Prevention and Response to Food Allergies and Emergencies
- Building and Physical Premises Safety
- Prevention of Shaken Baby Syndrome, Abusive Head Trauma
- Emergency Preparedness and Response
- Handling and Storage of Hazardous Materials
- Precautions in Transporting Children
- Pediatric First Aid and CPR
- Recognition and Reporting of Child Abuse and Neglect
- Ongoing training for staff, providers, and caregivers
- Complete Fingerprint FBI Background checks for staff, providers and caregivers.
- Ongoing Monitoring and Annual Inspections
- Policies and Procedures

CHECK OUT ACFS WEBSITE FOR CCDF APPLICATION AND MORE!!!

Anishnaabek Community and Family Services provides eligible Sault Tribe Members with the following Direct Services:

- General Assistance
- Tribal Emergency Assistance
- Community Services Block Grant
- Low Income Home Energy Assistance
- Child Care Assistance
- USDA Food Distribution Program
- Native Employment Works
- Employee Emergency Assistance
- Elder Heating Assistance
- Self-Sufficiency Funeral Assistance
- Child Care Licensing

<https://www.saulttribe.com/membership-services/acfs/direct-services>

Child Care and Development Fund Applications, Newsletters, and information links can be found under the Child Care Development Fund link.

CONSUMER STATEMENT AND EDUCATION

The Sault Ste. Marie Tribe of Chippewa Indians Anishnaabek Community and Family Services Child Care and Development Fund program offers Child Care Assistance to parents with Sault Tribe member (or eligible to be) children living in the Sault Tribe 7 County Service area who are working, going to school, or in a qualified job search/training program. Eligible parents can choose high quality child care providers without regard to cost. Eligible providers include State Licensed Centers or Family/Group Homes, Tribal Licensed Centers, or Relative Care Providers. Relative must complete requirements prior to providing care for your child(ren).

You may also be eligible under special circumstances. Please contact CCDF Coordinator, Trish Sterling for more information at 906-632-5250 or 800-726-0093.

Visit <https://childcaresearch.apps.lara.state.mi.us> to find State Licensed Centers and State Licensed Family/Group Child Care Homes in your area. If you choose a State Licensed Center or Home, you have access via this site to see licensing information such as inspections reports and substantiated complaints to better assist you in making the best choice possible.

If you choose a Tribal Licensed Center, please contact me for information regarding inspection reports and substantiated parental complaints. These reports must be made available via written request beginning October 1, 2019.

Visit www.michigan.gov/michildcare for information regarding how to become licensed and other parent links.

Visit <http://greatstarttoquality.org/upper-peninsula-resource-center> for community resource information, Finding Child Care & Preschool, and Benefits for Families.

Visit <https://www.zerotothree.org/> for Early Development and Well-Being, Early Learning, Parenting, and Policy and Advocacy.

Visit www.eupconnects.org for resource and referral information for the EUP.

DEVELOPMENTAL SCREENINGS

Developmental screenings are designed to identify problems or delays during normal childhood development. When properly applied, screening tests for developmental or behavioral problems in preschool children allow improved outcomes due to early implementation of treatments.

Visit the following site: https://www.medicinenet.com/developmental_screening_-_critical_for_every_child/views.htm for more information.

If you feel that your child is in need of a Developmental Screening, please contact your pediatrician, Head Start or Early Head Start Teacher, or your child care provider. If you have further questions about developmental screenings, please do not hesitate to contact me at 906-632-5250.

QUICK AND EASY RECIPE FOR THE BUSY TIMES

The best tip for busy times is to have a MEAL PLAN! Plan out your family meals with the....FAMILY! Try an "M" dish for Monday, such as Mastoccioli!! Who doesn't like noodles????

You will need: Mastoccioli noodles, burger (try chicken or turkey burger for a healthier choice), sauce (try Alfredo for a change) and your favorite veggie.

Prepare noodles, brown the meat, mix in the sauce or serve on the side.

You can add onions, mushrooms, green peppers to the meat mixture. You can sprinkle cheese on top when it's all done.

Serve separately or in one pot!

Serve fresh fruit and whipped cream for dessert.

Use leftovers for lunch at work or freeze.

USE SUNSCREEN EVEN IF YOU ARE ONLY TRAVELLING IN THE CAR!!!!

We love the Summer Time! But even if we are only travelling in the car, we need to make sure our children are protected from the sun. Use sunscreen even if you are travelling in the car! The sun makes the inside of the car very hot and shines in through the windows directly onto ourselves and our children!

STAY HYDRATED AT ALL TIMES

Stay hydrated with fruit water! Add little bit of fruit to your water. Freeze the fruit and use it as ice cubes. Put pieces of fruit in the ice tray and freeze using lemonade and use those ice cubes to give your plain water a little jazz!



Sault Ste. Marie Tribe of Chippewa Indians
Anishnaabek Community and Family Services
CCDF Program

ACFS has Child Care Assistance for those in need. You can get an application at <https://www.saulttribe.com/membership-services/acfs/direct-services/child-care-development-fund> or pick one up at any of the ACFS offices. You may also call us at 1-800-726-0093 and we can send you one or contact or email us at apeer@saulttribe.net or psterling@saulttribe.net.

You have the right to choose from high quality child care services without regard to cost. You must be working, going to school or in a qualified job search program.

You can choose from the following types of providers:

1. State Licensed Child Care Center;
2. Tribal Licensed Child Care Center;
3. State Licensed Family/Group Home Providers;
5. Relative Care Provider.

If you are choosing a **Relative Care Provider** they must meet the following criteria prior to providing care:

- must be a relative of the child(ren) needing care (Grandparent, Great Grandparent, Uncle, Aunt, Sibling)
- be of at least 18 years of age;
- live in a separate residence;
- must care only for children they are related to;
- obtain a clear MDHHS Clearance;
- obtain a clear ICHAT (ACFS runs this report);
- obtain a clear Tribal Registry Clearance (ACFS runs this report);
- Provide a signed Open Door Policy, Provider Registration Form, and a signed Client/Provider Agreement;
- follow the CCDF Payment schedule and payment paperwork requirements;
- complete initial Home Visit with CCDF Coordinator.

WANT TO KNOW MORE ABOUT THE SAULT STE TRIBE OF CHIPPEWA INDIANS AND OTHER OJIBWAY TRIBES?

Check out these awesome websites:

- www.saulttribe.com
- http://www.bigorin.org/chippewa_kids.htm
- <https://tribalcollegejournal.org/nanaboozhoo-wiindigo-ojibwe-history-colonization-present/>
- <http://geo.msu.edu/extra/geogmich/ojibwe.html>
- <http://www.mpm.edu/content/wirp/ICW-141.html>

www.saulttribe.com

Under the History & Culture drop down box, search in the download section for information about Dodems, Medicine Wheels, Ojibwe Language, Our Tribal Flag, Seven Grandfathers and Seventh Generation.

Search your local library for these books:

The Mishomis Book	Ojibway Heritage	Ojibway Ceremonies	Red Lake Nation
The Manitous	Ojibway Tales	Kitchi-Gami	Honor Mother Earth
Tales the Elders Told	Living in Harmony	Tales of the Anishnaabek	

Native Code of Ethics

Each morning upon rising, and each evening before sleeping, give thanks for the life within you and for all life, for the good things the Creator has given you and others, and for the opportunity to grow a little more each day. Consider your thoughts and actions of the past day and seek for the courage and strength to be a better person. Seek for those things that will benefit everyone.

Respect

Respect means to feel or show honor or esteem for someone or something; to consider the well-being of, or courtesy to treat someone or something with deference or courtesy. Showing respect is a basic law of life.

Treat every person from the tiniest child to the oldest Elder with respect at all times.

Special respect should be given to Elders, parents, teachers and community Elders.

No person should be made to feel put down by you; avoid hurting other hearts as you would avoid deadly poison.

Touch nothing that belongs to someone else (especially sacred objects) without permission, or an understanding between you.

Respect the privacy of every person. Never intrude on a person's quiet moments or personal space.

Never walk between people who are conversing. Never interrupt people who are conversing.

Speak in a soft voice, especially when you are in the presence of Elders, strangers, or others to whom special respect is due.

Do not speak unless invited to do so at gatherings where Elders are present (except to ask what is expected of you, should you be in doubt).

Never speak about others in a negative way, whether they are present or not.

Treat the earth and all her aspects as your mother. Show deep respect for the mineral world, the plant world, and the animal world.

Show deep respect for the beliefs and religions of others.

Listen with courtesy to what others say, even if you feel that what they are saying is worthless. Listen with your heart. Respect the wisdom of the people in council. Once you give an idea to a council or a meeting it no longer belongs to you. It belongs to the people.

Be truthful at all times, and under all conditions.

Always treat your guests with honor and consideration.

The Ojibway story of the seven grandfathers' teachings was passed down from parent to child for many generations. The story goes...

The Creator gave the seven grandfathers, who are very wise, the responsibility to watch over the people. The grandfathers saw that the people were living a hard life. *There was all kinds of sicknesses and bad things around. The Messenger was told, "Go down there, look around and find out what is happening. Bring back someone who we can tell about what life should be, with the Ojibway." He left immediately and went to all places in the North, South, West and East. He could not find anyone. On his seventh try, while he was looking, he saw a baby. The grandfathers were happy with the choice made by the helper.*

He took the baby back to where the Grandfathers were sitting in a circle. He was still very small and still wrapped inside the cradleboard. One of the grandfathers looked at the baby very carefully. "This is the one. Messenger, pick up the baby. Take him all over; teach him carefully the way the Ojibway should lead their lives." The Messenger took him; they went around the earth.

When they came back seven years later, the boy again saw the Grandfathers. He was already a young man. The Grandfathers noticed that this boy was very honest. He understood everything that was taught. One of the grandfathers took a drum and started singing. Each of the grandfathers gave the boy a teaching. "These are the ones you take with you," he was told.

Nibwaakaawin—Wisdom: To cherish knowledge is to know Wisdom. Wisdom is given by the Creator to be used for the good of the people. In the Anishinaabe language, this word expresses not only "wisdom," but also means "prudence," or "intelligence."

Zaagi'idiwin—Love: To know Love is to know peace. Love must be unconditional. When people are weak they need love the most. In the Anishinaabe language, this word with the reciprocal theme indicates that this form of love is mutual.

Minaadendamowin—Respect: To honor all creation is to have Respect. All of creation should be treated with respect. You must give respect if you wish to be respected.

Aakode'ewin—Bravery: Bravery is to face the foe with integrity. In the Anishinaabe language, this word literally means "state of having a fearless heart." To do what is right even when the consequences are unpleasant.

Gwayakwaadiziwin—Honesty: Honesty in facing a situation is to be brave. Always be honest in word and action. Be honest first with yourself, and you will more easily be able to be honest with others. In the Anishinaabe language, this word can also mean "righteousness."

Dabaadendiziwin—Humility: Humility is to know yourself as a part of Creation. In the Anishinaabe language, this word can also mean "compassion." You are equal to others, but you are not better.

Debwewin—Truth: Truth is to know all of these things. Speak the truth. Do not deceive yourself or others.

The boy, because of all the time spent with the Grandfathers, was now an old man. The old man gathered all the people around and told them of his journey to the seven grandfather's lodge. He explained how to use the gifts and that it was now up to the people to try to follow the path of a good and healthy life using the seven grandfather's teachings.

They told him each of these teachings must be with the rest, you cannot have wisdom without love, respect, bravery, honesty, humility and truth. You cannot be honest if you only use one or two of these, or if you leave out one. And to leave out one is to embrace the opposite of what that teaching is.