Parent/Provider Newsletter

July 2020

You are receiving this newsletter because you are either a parent receiving Child Care Assistance from the Sault Ste. Marie Tribe of Chippewa Indians CCDF program, you are a Child Care Provider receiving Subsidies, or you are in a collaboration/partnership with the Tribal CCDF Program.

CCDF is located at 2218 Shunk Road, Sault Ste.

Marie, MI 49783 and you can reach us at 800726-0093 or 906-632-5250. You can contact

Trish, CCDF Coordinator at

psterling@saulttribe.net or Angel,
Administrative Assistant at

apeer@saulttribe.net. Our fax number is 906632-5266.

CONSUMER STATEMENT

The Sault Ste. Marie Tribe of Chippewa Indians Anishnaabek Community and Family Services Child Care and Development Fund program offers Child Care Subsidy Assistance to parents with Sault Tribe member (or eligible to be) children living in the Sault Tribe 7 County Service area who are working, going to school, or in a qualified job training program. Eligible parents can choose high quality child care providers that include State Licensed Centers or Family/Group Homes, Tribal Licensed Centers, or Relative Care Providers. Relative Care **Providers** must requirements prior to providing care for your child(ren).

Please contact CCDF Coordinator, Trish Sterling for more information at 906-632-5250 or 800-726-0093.

Visit https://www.michigan.gov/lara/0,4601,7-154-89334-63294-5529---,00.html to find State Licensed Family/Group Child Care Homes in your area.

ALL CCDF PARENTS AND PROVIDERS

Sault Tribe CCDF program has COVID 19 CARES ACT Fund
Dollars available for CCDF Parents and Providers for COVID 19
related items such as masks, gloves, wipes, cleaning supplies,
hand sanitizer, etc. Please make your list and send it to
Patricia Sterling, CCDF Coordinator, psterling@saulttribe.net
or call at 906-632-5250







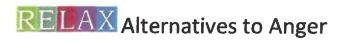




Alternatives to Anger for Parents and Caregivers

Social Emotional Development in Infants and Toddlers

Age	Development	What you can do
0-3 months	 Cries, smiles, coos Looks at faces Quiets when picked up Listens to voices 	 Look at them Pick them up Hold and cuddle them Use gentle touches Smile at them Listen, sing, and talk to them Read to them
3-6 months	 Gives warm smiles and laughs Cries when upset and seeks comfort Shows excitement by waiving arms and legs Likes to look at and be near special persons in life Can be comforted 	Share baby smiles, laughter Notice and pay attention to them Respond to their cries and coos Hold them when feeding Hold and read to them Play lovingly with them
6-9 months	 Plays games like peek-a-boo May get upset when separated from familiar persons Responds to own name Enjoys a daily routine May be unsure of strangers May comfort self by sucking thumb or holding a special blanket 	 Sing songs and say nursery rhymes Talk in gentle voice Be predictable and consistent Watch and learn their needs and wants Read to them Have fun playing baby games with them
9-12 months	Imitates others Enjoys books Is able to be happy, mad, sad Has a special relationship with parents and caregivers Is curious about playthings Shows feelings by smiling, crying, pointing Trusts that needs will be met	Talk, sing songs and say nursery rhymes Encourage them to explore Be available, gentle, responsive and protective Read books with baby Name feelings like happy, mad, sad





Finding Ways to Calm Down

	Ways to Calm Down	What Works for Me
•	Count to 10	Work with a partner to come up with
	Take several deep breaths	ideas that help calm you down. Write
•	Find some humor in the situation	those ideas downhere.
•	Imagine a peaceful, lovely place	
•	Call someone on the phone	
•	Go to another room or leave the house for a break	
•	Splash water on your face	
•	Listen to music	
•	Positive self-talk "I can do this!"	
•	Name your feeling	
•	Give yourself or someone a compliment	
•	Smile at someone	
•	Tell yourself a joke	
•	Take a 10-minute walk	
•	Stretch and do 10 arm circles	
•	Read a book	